

Somebody (That I Used To Know)

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Intermediate
編舞者: Helen Reeson (AUS) & Lynne Dugay (USA) - February 2012
音樂: Somebody That I Used to Know (feat. Kimbra) - Gotye



[1-8] Dip TOUCH-KICK (X2) - Dip BACK, KICK, Dip BACK, KICK

1,2,3,4 Tch L beside R (bend knees), Kick L fwd, Tch L beside R (bend knees), Kick L fwd
5,6,7,8 Step L Back (bend knees), Kick R fwd, Step R Back (bend knees), Kick L fwd

[9-16] ROCKING CHAIR - ROCK BACK / FWD, ¼R, TCH

1,2,3,4 Rock L back, Replace wgt on R, Rock L fwd, Replace wgt on R
5,6,7,8 Rock L back, Replace wgt on R, Turn ¼R & step L to side, Tch R beside L ... 3.00

[17-24] FRIEZE R, HITCH (½R) - FRIEZE L, CROSS

1,2,3,4 Step R to R side, L behind R, R to R side, Hitch L & turn ½R ... 9.00
5,6,7,8 L Side, R Behind, L Side, Cross R over L

[25-32] SIDE / ROCK, WEAVE R (4), CROSS, UNWIND (½R)

1,2,3,4 Rock L to side, Replace wgt on R, Cross L over R, R to R side
5,6,7,8 L behind R, R to R side, Cross L over R, Unwind turn ½R (wgt on L) ... 3.00

[33-40] Dip TOUCH-KICK (X2) - Dip BACK, KICK, Dip BACK, KICK

1,2,3,4 Tch R beside L (bend knees), Kick R fwd, Tch R beside L (bend knees), Kick R fwd
5,6,7,8 Step R Back (bend knees), Kick L fwd, Step L Back (bend knees), Kick R fwd

[41-48] JAZZ BOX ¼R (X2)

1,2,3,4 Cross R over L, Step L Back, ¼R step R fwd, Step L to side ... 6.00
5,6,7,8 Cross R over L, Step L Back, ¼R step R fwd, Step L to side ... 9.00

[49-56] WEAVE L (4) - CROSS / ROCK, ¼R, ¼R

1,2,3,4 Cross R over L, L to L side, R behind L, L to L side
5,6,7,8 Cross R over L, Replace wgt on L, ¼R step R fwd, ¼R step L to side ... 3.00

[57-64] BEHIND, ¼L, STEP, PADDLE (¼L) - JAZZ BOX ¼R

1,2,3,4 Step R behind L, Turn ¼L step L fwd, Step R fwd, ¼L (wgt on L) ... 9.00
5,6,7,8 Cross R over L, Step L Back, ¼R step R fwd, Step L beside R ... 12.00

[65-72] OUT-OUT, HOLD, IN-IN, HOLD - TOE STRUTS FWD (X2)

&1,2&3,4 Step R to R side, L to L side, Hold, Return R to centre, Step L beside R, Hold
5,6,7,8 R fwd toe / heel, L fwd toe / heel

[73-80] STEP, FULL TURN, STEP, HOLD - V STEP

1,2,3,4 Step R fwd, Hitch L making full turn L, Step L fwd, Hold
5,6,7,8 Step R out & fwd, L out & fwd, Step R back & centre, L beside R

[81-88] OUT-OUT, HOLD, IN-IN, HOLD - TOE STRUTS FWD (X2)

&1,2&3,4 Step R to R side, L to L side, Hold, Return R to centre, Step L beside R, Hold
5,6,7,8 R fwd toe / heel, L fwd toe / heel

[89-96] STEP, HITCH ½R, STEP, HOLD ** - FULL TURN L, HOLD

1,2,3,4 Step R fwd, Hitch L turning ½R, Step L fwd, Hold ... 6.00
5,6,7,8 Turn ½L stepping R back, Turn ½L stepping L fwd, Step R fwd, Hold

ENDING: Dance to count 92 ** then STEP, PIVOT (½L), STEP, OUT-OUT
1,2,3&4 R fwd, Turn ½L (wgt on L), R fwd, L to L side, R to R side ... 12.00

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