

I Love I Love I Love

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate ECS
編舞者: Jo Thompson Szymanski (USA) - March 2012
音樂: Hold Me (feat. Tobymac) - Jamie Grace : (CD: One Song At A Time - 2 Restarts and 1 Tag)



("Hold Me" is our daughter Anna's favorite song! It just makes you feel happy! Enjoy!) (iTunes, Amazon, Rhapsody)

For no restarts or tags use: Sweet Home New Orleans by Scooter Lee from the CD "Walking On Sunshine"

Video Lessons:

Full Teach, Quick Teach & Dance w/Music & cueing available at www.LineLessons.com Use Hall Pass Code JT9111

Intro: 32 counts.

[1-8] SYNCOPATED VINE RIGHT, 2 SAILOR STEPS

- 1 – 2 Step R to right, Step L behind R
- &3 – 4 Step R to right, Step L across R, Step R to right
- 5 & 6 Step L behind R, Step R to right, Step L in place (slightly forward)
- 7 & 8 Step R behind L, Step L to left, Step R in place (slightly forward)

[9-16] CROSS POINT, STEP, TOUCH, STEP, POINT, STEP, TOUCH, SIDE BALL CHANGE

- 1 – 2 Touch/Point L toe across front of R (Allow hips to swing/sway right, shoulders left), Step L to left
- 3 – 4 Touch ball of R beside L (Allow hips to swing/sway left, shoulders right), Step R to right
- 5 – 6 Touch/Point L toe across front of R (Allow hips to swing/sway right, shoulders left), Step L to left
- 7 & 8 Touch ball of R beside L (hips/shoulders neutral), Rock ball of R to right, Recover weight to L

[17-24] BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER

- 1 – 4 Step R behind L bending knees slightly, Step L to left straightening legs, Step R across L, Step L to left
- 5 – 6 Step R behind L bending knees slightly, Step L to left straightening legs
- 7 – 8 Rock R across L, Recover weight to L

[25-32] 4 TRIPLES WITH ½ TURNS (HINGE TURN TRIPLES)

- 1 & 2 Step R to right, Step L together, Step R to right
- &3&4 Turn ½ right on R, Step L to left, Step R together, Step L to left
- &5&6 Turn ½ left on L, Step R to right, Step L together, Step R to right
- &7&8 Turn ½ right on R, Step L to left, Rock R back, Recover weight forward to L

[33-40] POINT SIDE, STEP ACROSS - 4 TIMES

- 1 – 4 Touch R to right (R shoulder forward), Step R across L, Touch L to left (L shoulder forward), Step L across R
- 5 – 8 Touch R to right (R shoulder forward, Step R across L, Touch L to left (L shoulder forward, Step L across R

[41-48] ROCK, RECOVER, TRIPLE ½ TURN R, ¼ TURN R, STEP & DRAG

- 1 – 2 Rock R forward, Recover weight to L
- 3 & 4 Turn ¼ right step R to right, Step L together, Turn ¼ right step R forward
- &5 – 8 Turn ¼ right (&), Large step L to left (Hands go out to sides)(5), Slowly drag R foot in toward L (6-8)

Start again from beginning.

When dancing to "Hold Me" by Jamie Grace – Restart, Tag, Restart

RESTART: On 3rd time through dance, do first 32 counts, restart from beginning.

TAG: On 6th time through dance, do first 32 counts, then do counts 33-48 slowed down in "half-time" – ex. Point, Hold, Cross, Hold, Point, Hold, Cross, Hold, etc.

Instead of a ¼ turn right before the drag, do a ½ turn right and step back into the drag to be facing the front.

On the words "You have my heart" – Stand with feet apart, circle hands out, up and in to end in a "hand heart" – fingers curled down, fingernails touching, thumbs touching at bottom of the heart shape.

Wait for words "I Love the Way You" and on the word "Hold" start again from beginning.

RESTART: On 7th time through dance (which is right after tag),

Do first 32 counts, start again from beginning.

ENDING: On last beat of music, point L across R and hold.

As the music fades make another "hand heart" & smile!!

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