

# Breathing

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Will Craig (USA) - February 2012  
音樂: Breathing - Jason Derulo



## Start dancing on lyrics - 32 count intro

### Diagonally Forward Right, Slide Left Together, Triple Diagonally, Forward, Rocking Chair

- 1-2            Step right foot diagonally right and forward, Slide left foot to right  
3&4           Triple diagonally right and forward right, left, right  
5&6&         Rock left foot forward, recover weight back onto right, Rock left foot back, recover weight onto right  
7&8&         Rock left foot forward, recover weight back onto right, Rock left foot back, recover weight onto right

### Diagonally Forward Left, Slide Right Together, Triple Diagonally, Forward, Rocking Chair, 1/4 Turn Right

- 1-2            Step left foot diagonally left and forward, Slide right foot to left  
3&4           Triple diagonally left and forward left, right, left  
5&6&         Rock right foot forward, recover weight back onto left, Rock right foot back, recover weight onto left  
7&8           Rock right foot forward, recover weight back onto left, Make a 1/4 turn right stepping right foot forward

### 1/2 Turn Right, Triple forward, Rock Recover, Back Lock Back

- 1-2            Step left foot forward, Make 1/2 turn over right shoulder putting weight onto right foot  
3&4           Triple forward Left, Right, Left  
5-6           Rock forward on the right foot, Recover weight back onto left  
7&8           Step back onto the right foot, Lock left leg over right, Step back onto right foot

### 1/2 Turn Left, 1/2 Turn Left, Coaster Step, Step Out Right, Left, Right, Left

- 1-2            Make 1/2 Turn over left shoulder stepping left foot forward, Make 1/2 turn over left shoulder stepping right foot back  
3&4           Step left foot back, step right foot next to left, Step left foot forward  
5, 6           Step right foot out and to right side, Step left foot out and to left side  
7, 8           Step right foot out and to right side, Step left foot out and to left side

### Cross And Cross, 1/4 Turn Right, 1/4 Turn Right, Cross Left Over Right, 1/4 Turn Left, 1/4 Turn Left Rocking Left To Left Side

- 1&2            Cross right foot over left, Step left foot to left side, Cross right foot over left  
3, 4           Make 1/4 turn right step back onto left foot, Make 1/4 turn right stepping right foot to right side  
5-6           Cross left foot over right, Make 1/4 turn left stepping back onto right foot  
7, 8           Make 1/4 turn left rocking left foot to left side, Recover weight onto right foot

### Cross And Cross, 1/4 Turn Left, 1/4 Turn Left, Cross Right Over Left, 1/4 Turn Right, 1/4 Turn Right Rocking Right To Right Side

- 1&2            Cross left foot over right, Step right foot to right side, Cross left foot over right  
3, 4           Make 1/4 turn left step back onto right foot, Make 1/4 turn left stepping left foot to left side  
5-6           Cross right foot over left, Make 1/4 turn right stepping back onto left foot  
7, 8           Make 1/4 turn right rocking right foot to right side, Recover weight onto left foot

### Step Forward Right Foot, Slide Left Foot To Right, Triple Forward Right, Left, Right, Rock Step Back, Lock Back, Back

- 1-2            Step Forward right, Slide left foot to right

- 3&4 Triple Forward Right, Left, Right  
5&6 Rock Forward onto the left foot, Recover weight back onto the right, Step back onto the left foot  
7&8 Step back onto right foot crossing it over the left foot, Step back onto left foot, Step back onto right foot

**4x 1/4 Turns Left, Rock Forward onto left foot, Rock Forward Onto Right Foot**

- 1-2 Make 1/4 turn left stepping left foot to left side, Make 1/4 turn left stepping right foot to right side  
3-4 Make 1/4 turn left stepping left foot to left side, Make 1/4 turn left stepping right foot to right side  
5-6& Rock forward onto left foot, Recover weight onto right foot, Bring left foot next to right  
7, 8 Rock right foot forward, Recover weight onto left foot

**REPEAT \*\*\*\* RESTARTS On 3rd Wall dance till count 48 and restart dance facing 3 o'clock wall On 7th Wall Dance first 8 Counts and Restart Dance**

**Choreographer Contact Information:**

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