

# A Sup Of The Fine Old Stuff

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Quick & Easy Intermediate  
編舞者: Denis Flanagan (IRE) - February 2012  
音樂: Rare Old Mountain Dew - Orthodox Celts : (CD: Green Roses - 1999)



(I am dedicating this dance to my very brave brother, Jim)

Intro: 8 counts of main song.

**L, Kick-back-cross, L, Coaster cross, Hitch (Up)-back-heel. & heel & touch.**

1&2      Kick Left Fwd, Step back (long) on Left, Cross step Right over left.  
3&4      Step back on Left, Step Right beside Left, Cross step Left over Right  
5&6&      Hitch Right knee (up), Step back on Right, Touch Left heel Fwd, Step Left next Right,  
7&8      Touch Right heel Fwd, Step Right next to Left, Touch Left next to Right (12.00)

**Hitch (Up), Chasse`s x3 (full turn). Hitch (Up) Shuffle Fwd.**

&1&2      Hitch Left, knee (up) Step Left to left, Step Right next to Left, Step Left ¼ turn left, (9.00)  
&3&      Hitch Right knee (up) making ¼ turn Left, (6.00) Step Right to side Step Left next Right  
4&      Step Right to side, Hitch Left, knee (up) making ¼ turn Left, (3.00)  
5&6      Step Left to left, Step Right next to Left, Step Left ¼ turn left (12.00)  
&7&8      Hitch Right knee (up) Shuffle fwd Right-Left-Right (12.00)

**(Restart here from beginning on walls 1-3-5 = repeat first 16 counts)**

**(The restarts effectively make the first (3) (front, left & back) walls 48 counts)**

**Cross Over ¼ turn L, shuffle ½ turn L, Step Fwd ½ turn R, Coaster step.**

1-2      Cross step Left over, Make ¼ turn left stepping back on Right (9.00)  
3&4      Shuffle ½ turn left, stepping, L-R-L  
5-6      Step fwd on Right, Make ½ turn right stepping back on Left  
7&8      Step back on Right, Step Left next to Right, Step fwd on Right

**3 Walks fwd heel split, Brush x3, & Point.**

1-2-3&4      Walk fwd Left – Right – Left, Swivel heels Out-In (weight on left)  
5-6-7      Brush Right fwd, Brush Right back Over Left, Brush Right Fwd  
&8      Step back on Right, Point Left to side.

**(&8) styling: right hand to forehead, left arm diagonally in line to left palms facing down**

**Restart in walls 1-3-5 after 16 counts, One nice 4 count Tag after wall 6**

**Tag ("Have A Sup Of The Fine Old Stuff") 4 counts done at the end of wall 6 facing (3.00)**

**Count 1: Reach both hands forward grabbing an imaginary bottle & glass.**

**Count 2: Pour yourself "A sup of the fine old stuff"**

**Count 3: Put the bottle back.**

**Count 4: Drink your drink, (start dance again, further duration is now 32 counts per wall )**

**Remember "It`s all for the Craic" -**