

My Heart Can't Tell You No (P)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 0 級數: Partner
編舞者: Mick Harris (UK) - February 2012
音樂: My Heart Can't Tell You No - Sara Evans : (Album: Stronger)



Start: after 16 counts (on vocal) Begin side by side holding L hands - Same footwork throughout.

Step Pivot, Shuffle ½ Turn, Rock, Recover, Shuffle.

1-2 Step Fwd On R, Pivot Turn ½ L.
3&4 Shuffle ½ Turn L (RLR).
(Pick Up R Hands Into Sweetheart Position)
5-6 Rock Back On L, Recover On R.
7&8 Step Fwd On L, Step R Beside L, Step Fwd On L.

Cross , Touch, Cross, Touch, Step, Lock, Shuffle.

1-2 Step R Across L, Touch L Out To L Side.
3-4 Step L Across R, Touch R Out To R Side.
5-6 Step Fwd On R, Lock L Behind R.
7&8 Step Fwd On R, Step L Beside R, Step Fwd On R.

Turn ,Step, Shuffle, Rock, Recover, Shuffle.

1-2 Step Fwd On L Turning ½ R, Step Back On R. (RLOD)
3&4 Step Back L, Step R Next To L, Step Back On L.
5-6 Rock Back On R, Recover On L.
7&8 Step Fwd On R, Step L Next To R, Step Fwd On R.

Step, Pivot, Shuffle, Turn, Turn, Shuffle.

(Release L Hands.)

1-2 Step Fwd On L, Pivot Turn ½ R. (LOD)
3&4 Step Fwd L, Step R Next To L, Step Fwd L.
(Release R Hands And Pick Up L Hands)
5-6 ½ Turn L Stepping Back On R, ½ Turn L Stepping Fwd On L.

(Pick Up R Hands Into Sweetheart)

7&8 Step Fwd On R, Step L Next To R, Step Fwd On R.

Turn, Turn, Shuffle, Step, Step ¼, Cross Shuffle.

(Drop L Hands)

1-2 ½ Turn R Stepping Back On L, ½ Turn R Stepping Fwd On R.
(Pick Up L Hands Into Sweetheart)
3&4 Step Fwd L, Step R Next To L, Step Fwd L.
5-6 Step Fwd R, Step Fwd L Turning ¼ R. (OLOD)
7&8 Step R Across L, Step L Slightly To L Side, Step R Across L.

Step ¼, Step ½ Turn, Step, Shuffle, Walk, Walk, Shuffle.

(Release L Hands)

1&2 Turn ¼ R Stepping Back On L, Turn ½ R Stepping Fwd On R, Step L Next To R.
(Pick Up R Hands Back Into Sweetheart , Do Not Release Hands For Remainder Of The Dance.)
3&4 Step Fwd On R, Step L Next To R, Step Fwd On R.
5-6 Walk Fwd L,R.
7&8 Step Fwd L, Step R Next To L, Step Fwd On L.

Jazz Box ¼ Turn, Side, Behind, Side, Behind, Side.

- 1-4 Step R Across L, Step Back On L Turning $\frac{1}{4}$ R, Step R To R Side, Touch L Beside R. (OLOD)
- 5-6 Step L To L Side, Step R Behind L.
- 7&8 Step L To L Side, Step R Behind L, Step L To L Side. (OLOD)

Cross, Step $\frac{1}{4}$, ,Coaster Step, Rock, Recover, Step $\frac{1}{4}$, Step Together, Step $\frac{1}{4}$.

- 1-2 Step R Across L, Turn $\frac{1}{4}$ R Stepping Back On L.
- 3&4 Step Back On R, Step L Next To R, Step Fwd On R. (RLOD)
- 5-6 Rock Fwd On L, Recover On R.
- 7&8 Step Back On L Turning $\frac{1}{4}$ L, Step R Next To L, Step Fwd On L Turning $\frac{1}{4}$ L. (LOD)

(Drop R Hands Ready To Start Again)

Start Again.

Contact: mick_harris@btconnect.com
