Cut Loose



拍數: 48 牆數: 4 級數: Improver - ECS

編舞者: Ellen Boucher - February 2012

音樂: Footloose - Blake Shelton: (CD: Footloose - The Motion Picture - Deluxe Edition)



Start dancing on lyrics

STEP CLAPS, GRAPEVINE WITH SCUFF

1-2 Step left diagonally forward, touch right together (clap)3-4 Step right diagonally back, touch left together (clap)

5-8 Vine left, scuff right forward

STEP CLAPS, GRAPEVINE WITH SCUFF

1-2 Step right diagonally forward, touch left together (clap)3-4 Step left diagonally back, touch right together (clap)

5-8 Vine right, scuff left forward

CROSS, 1/4 TURN, TOGETHER, SCUFF, ROCK STEP, 2 KICKS

1-4 Cross left over right, turn ¼ right and step right to side

3-4 Step left together, scuff right forward
5-6 Rock right forward, recover to left
7-8 Kick right forward, kick right forward

POINT BACK, POINT FRONT, TURNING JAZZ SQUARE

1-2 Touch right back, hold3-4 Touch right forward, hold

5-6 Cross right over left, step left back

7-8 Turn ¼ right and step right to side, step left together

HEEL SPLIT, TOE SPLIT, SWIVELS

1-2 Swivel heels out, swivel heels in3-4 Swivel toes out, swivel toes in

5-8 Swivel heels left, swivel toes left, swivel heels left, swivel toes left

POINT, TOUCH, ½ TURN, ¼ TURN, STEP, TOUCH

Touch right to side, touch right together
Step right forward, turn ½ left (weight to left)
Touch right forward, turn ¼ left (weight to left)
Step right together, touch left together

REPEAT

ENDING: Last count of song (now facing 6:00 wall): scuff right