

So Hot

拍數: 64 牆數: 4 級數: Intermediate - Freestyle
編舞者: Bronya Bishorek (MY) - February 2012
音樂: So Hot - Wonder Girls



Intro : 64 count, start on vocals. Use the 8 bars to do something sexy ?

[1/8] REACH, POINT, STEP, LOOK L, LOOK R, HOLD, SHOULDER X 2

1,2 Step RF to R while reaching up with RH, point LF across behind R & throw RH down towards floor & look down
3,4 Step LF to L, look L & drop L shoulder
5,6 Swing head to look to R diagonal, hold
7,8 Shrug R should back twice

[2/8] SLOW WALK X 2, MONTERAY, REACH

1-4 Step RF f/wd to R diag, tap LF close, step LF f/wd, tap RF close [2:00]
5-8 (Face 12:00) Point RF to R while reaching RH f/wd, full spin turn R (finish with feet closed), point LF to L, reach LH up & look up

[3/8] ROTATE BODY, SIT, WIGGLY SIDE STEPS ??

1-4 (Weight on RF) Use LH & L hip to rotate body open, finish in a sit on RF
5,6 Step LF to L, tap RF close (while shimmying body)
7,8 Step RF to R, tap LF close (while shimmying body)

[4/8] SIDE, SWIVEL, OPEN, FLICK, HOLD, SHOULDER R-L

1 Step LF to L
2-4 Swivel R knee in (weight on both feet), swivel R knee open (put weight onto LF & finish in a R diagonal direction), flick RF to the side [2:00]
5,6 Stand tall & point RF to R diagonal (hand on hips), hold
7,8 Roll R shoulder back, roll L shoulder back

[5/8] SLOW BODY WAVE DOWN, FAST BODY WAVE UP, TOE SWITCHES

1-4 Execute a slow body wave down from chest to hips finishing in a sitting position
(while doing this, bring both hand up the side of your body & finish with both hands thrown up)
5,6 Execute a quick body wave up while bringing both hands down behind your head
7&8 (Face 12:00) Point RF to R, close RF, point LF to L

[6/8] HITCH, POINT, TOE SWITCH, CLOSE, CHIN, HOLD, CHEST X 2

1,2 Hitch L knee, point LF to L
&3,4 Close LF, point RF to R, drag R toe close (weight still on LF) [11:00]
5,6 Raise chin (be sassy here now), hold
7,8 Pop chest f/wd twice

[7/8] STEP, TAP, PULL, SWEEP, CROSS, HIP, CROSS, HIP

&1,2 (Still facing 11:00) Step RF f/wd, tap LF behind R, large step back on LF while dragging R heel with you
3,4 Step f/wd onto RF while dragging L toe in a sweep from back to front (finish facing 12:00)
5,6 Step LF across R, point RF to R & bump hip (point your RH up on the bump)
7,8 Step RF across L, point LF to L & bump hip (point your LH f/wd on the bump)

[8/8] DO THE MARILYN MONROE (Make it sexy)

1-4 Draw your LF towards your R while running your LH up your L leg. Leave your RH on your hip (remember to raise your chin as you do this to give it the full MM effect)

5,6 Stand up & step LF to L, flick head to the L
7,8 1/4 turn R & step RF f/wd [3:00], step LF f/wd

START AGAIN & HAVE A SEXY FUN TIME
