

Safe and Sound

拍數: 32 牆數: 1 級數: Beginner
編舞者: Russell Breslauer (USA) - February 2012
音樂: Safe and Sound - Julia Sheer
或: Safe & Sound (feat. The Civil Wars) - Taylor Swift



(1x8) Circle Weave (Weave & Sweep twice)

1-4 Cross left over right, step right to right, step left behind right, sweep right front to back
5-8 Cross right behind left, step left to left, cross right over left, sweep left back to front

(2x8) Forward, Kick, Back, hold, Coaster, touch (or hold)

1-4 Step left forward, kick right, step back with right farther back than left), hold
5-8 Step back with left, recover on right, step forward with left, touch the right next to the left

(3x8) Circle Weave (Weave & Sweep twice)

1-4 Cross right over left, step left to left, step right behind left, sweep left front to back
5-8 Cross left behind right, step right to right, cross left over right, sweep right back to front

(4x8) Forward, Kick, Back, hold, Coaster, touch (or hold)

1-4 Step right forward, kick left, step back with left farther back than right), hold
5-8 Step back with right, recover on left, step forward with right, touch the left next to the right

Contact: BreslauerDanceSF@yahoo.com
