

# Breathing

拍數: 64      牆數: 2      級數: Intermediate  
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音樂: Breathing - Jason Derulo : (Single - Clean Version)



Intro: Start after 32 counts

## [1 – 8] Walks fwd , Out Out Fwd, Step fwd Pivot ½ R, Out Out Cross

1 – 2      Walk fwd R , L  
&3-4      Step R out, Step L out , Step R fwd  
5 – 6      Step L fwd . Pivot ½ Turn R (06.00)  
&7-8      Step L out, Step R out, Step L across R

## [9-16] Touch Hitch and Touch Low Kick, Syncopated Jazz Box

1 – 2      Touch R to R side, Hitch R  
&3-4      Step R next to L, Touch L to L side, Low Kick Fwd  
5 – 6      Step L across R, Step R back  
&7-8      L step next to R , Step R fwd , Step L fwd \*\*\*R\*\*\* (Wall 3 & 7)

## [17-24] Step fwd, Heel Swivels , Coaster step , Shuffle fwd

1      Step R fwd  
2 & 3      Swivel Both Heels R, Swivel Both Heels to the centre , Swivel Both Heel R  
4      Swivel Both Heels to the centre (Weight ends on L )  
5 & 6      Step R back, Step L next R, Step R fwd  
7 & 8      Step L fwd, Step R next to L, Step L fwd

## [25-32] Cross Rock , & Cross ½ Turn R , Side Hold & Side , Step fwd

1 – 2      Rock R across L , Recover on L  
&3-4      Step R next to L, Step L across R, Make on L Heel ½ Turn R ( Weight ends on L) (12.00)  
5 – 6      Step R to R side, Hold  
&7-8      Step L next to R, Step R to R side, Step L fwd \*\*\*\*R \*\*\*\* (Wall 4 )

## [33-40] Step fwd , Touch & Touch , ¼ R , Touch , ¼ R with Hook , Shuffle fwd

1 – 2      Step R fwd , Touch L to L side  
&3-4      Step L next to R, Touch R to R side, Make ¼ Turn R (toe still pointed) (03.00)  
5 – 6      Touch R to R side, ¼ Turn R and Hook R across L (06.00)  
7 & 8      Step R fwd, Step L next to R , Step R fwd

## [41-48] Syncopated Cross Rocks, 2 x ½ Turn R, Sailor step

1 – 2      Cross Rock L over R, Recover on R  
&3-4      Step L next to R, Cross Rock R over L, Recover on L  
5 – 6      ½ Turn R step R fwd, ½ Turn R step L back (option: Walk back R, L)  
7 & 8      Step R behind L, Step L to L side, Step R to R side

## [49-56] Syncopated Side Rocks , Coaster step , L Shuffle fwd

1 – 2      Rock L to L side, Recover on R  
&3-4      Step L next to L , Rock R to R side, Recover on L  
5 & 6      Step R back, Step L next to R, Step R fwd  
7 & 8      Step L fwd, Step R next to L, Step L fwd

## [57-64] Pivot ½ Turn L x2 (option : Rocking Chair ), Jazz Box

1 – 2      Step R fwd, Pivot ½ Turn L

3 – 4 Step R fwd , Pivot ½ Turn L

5 – 8 Step R across L, Step L back, Step R to R side, Step L fwd (06.00)

**Restarts :-**

**During Wall 3 & 7 After 16 Counts . Start again with count 1**

**During Wall 4 After 32 Counts . Start again with count 1**

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