

Aya

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: John Harvey (DE) - February 2012
音樂: Aya benzer - Mustafa Sandal : (Album: Sikidim - The best of Turkish pop)



32 Count Intro.

SIDE, TOGETHER RIGHT x 2, SIDE, TOGETHER LEFT x 2

- 1 - 2 Step right to right side, Slide left to right. Shimmy shoulders.
- 3 - 4 Step right to right side, Slide left to right tip. Shimmy shoulders.
- 5 - 6 Step left to left side, Slide right to left. Shimmy shoulders.
- 7 - 8 Step left to left side, Slide right to left. Shimmy shoulders.

PADDLE FULL TURN RIGHT & LEFT

- 1 - 2 Tip left forward 1/4 turn right, Tip left forward 1/4 turn right.
- 3 - 4 Tip left forward 1/4 turn right, Tip left forward 1/4 turn right.
- 5 - 6 Tip right forward 1/4 turn left, Tip right forward 1/4 turn left.
- 7 - 8 Tip right forward 1/4 turn left, Tip right forward 1/4 turn left.

SHUFFEL FORWARD x 2 FORWARD MAMBO, BACK MAMBO

- 1&2 Step right forward, Step left next to right, Step right forward.
- 3&4 Step left forward, Step right next to left, Step left forward.
- 5&6 Rock forward on right. Rock back on left. Step right back.
- 7&8 Rock back on left. Rock forward on right. Step left forward.

MODIFIED BOX STEP TURNING 3/4 TO LEFT

- 1 - 2 Step right to side, tap left next to right
- 3 - 4 1/4 turn left on right toe stepping left to side, tap right next to left.
- 5 - 6 1/4 turn left on left toe stepping right to side, tap left next to right.
- 7 - 8 1/4 turn left on right toe stepping left to side, tap right next to left.

Start Again

Feel free to add any Belly Dance body moves.
