

My Religion Is You

COPPER KNOB
BY STEPSHEETS

拍數: 36 牆數: 2 級數: Improver
編舞者: Debbie Mabbs (UK) & Lorraine Monahan (UK) - February 2012
音樂: Teeth - Lady Gaga : (CD: The Fame Monster - Full Song)



Intro : Start 16 counts (Into The Heavy Beat)

[1 – 8] R TOE TOUCH, HEEL SWIVELS , L TOE TOUCH, HEEL SWIVELS, MAMBO FWD, MAMBO BACK

1 & 2 R fwd Toe Touch, R Heel Swivels out & in
3 & 4 L fwd Toe Touch, L Heel Swivels out & in
5 & 6 Rock fwd onto R foot, back onto L Foot, Recover onto R
7 & 8 Rock back onto L foot, forward onto R Foot, Recover onto L

[9-16] VINE RIGHT HITCH, VINE LEFT HITCH

1 – 4 Step R to R side, Step L behind R, Step R to R side, Hitch L
5 – 8 Step L to L side, Step R behind L, Step L to L side, Hitch R

[17-24] ¼ MONTEREY TURNS RIGHT X 2 = ½ TURN, R HEEL HOOK HEEL IN PLACE, REPEAT ON L FOOT

1 & 2 & Point R to R Side, Together, Pivot ¼ Turn R, Point L to L Side, Recover on L 3 & 4 & Point R to R Side, Together, Pivot ¼ Turn R, Point L to L Side, Recover on L
5 & 6 & R Heel Forward, R Heel Hook, R Heel Forward, R next to L
7 & 8 & L Heel Forward, L Heel Hook, L Heel Forward, L next to R

[25-32] SHUFFLE FWD RIGHT, SHUFFLE FWD LEFT, ¼ PADDLE TURNS LEFT X 4 = FULL TURN

1 & 2 Shuffle fwd stepping: Right, Left, Right 3 & 4 Shuffle fwd stepping: Left, Right, Left
5 & 6 & Step R foot forward, Pivot ¼ turn L , Repeat
7 & 8 & Step R foot forward, Pivot ¼ turn L, Repeat

[33 –36] RIGHT CROSSING SAMBA, LEFT CROSSING SAMBA

1 & 2 Cross step Right forward over Left, Rock Left out to Left side, Step Slightly forward on Right.
3 & 4 Cross step Left forward over Right, Rock Right out to Right side, Step Slightly forward on Left

Start Again

TAG 1 – WALL 3 1&2- Full Turn Right - (After 34 Counts, R Crossing Samba) Facing Back Wall

TAG 2 – WALL 6 Repeat (Facing Front Wall)

FINISH – WALL 10 Repeat (Facing Front Wall)

Optional Arms on Monterey Turns , Hold Your Arms Behind Your Back (As If They Are Tied Up!)

Hope You Enjoy Our Dance Lorraine & Debbie (ANGELS) LDC

For Step Sheet - email: angelslinedanceclub@hotmail.co.uk

Or Telephone Us On: 07717 838422