

Pumped Up Kicks

COPPER KNOB
BYEFOREMETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mathias Pflug (DE) - February 2012
音樂: Pumped Up Kicks - Foster the People



Intro: After 8 counts!

Back, Kick, Back, Kick, Coaster Step, Scuff

1-2 Step right back, Kick left forward
3-4 Step left back, Kick right forward
5-6 Step right back, Step left beside right
7-8 Step right forward, Scuff left beside right

Step, 1/2 Pivot Turn R, Step, 1/4 Pivot Turn R, Cross, 1/4 Turn L, 1/4 Turn L, Touch

1-2 Step left forward, 1/2 turn right on both balls (6.00)
3-4 Step left forward, 1/4 turn right on both balls (9.00)
5-6 Cross left over right, 1/4 Turn left & step right to right (6.00)
7-8 1/4 Turn left & step left to left, Touch right beside left (3.00)

Side, Touch, Side, Touch, Chassé, Rock Back

1-2 Step right to right, Touch left beside right
3-4 Step left to left, Touch right beside left
5&6 Step right to right, Step left beside right, Step right to right
7-8 Step left back, Recover on right

Side, Touch, Side, Touch, Chassé, Cross Rock

1-2 Step left to left, Touch right beside left
3-4 Step right to right, Touch left beside right
5&6 Step left to left, Step right beside left, Step left to left
7-8 Cross right over left, Recover on left

Repeat & Enjoy!

Contact: E-Mail: Mathias-Pflug@gmx.de - Homepage: <http://mp-linedance.jimdo.com/>
