Seven Nation Army

拍數: 32

級數: Easy Intermediate

編舞者: Debbie Ellis (ES) - February 2012

音樂: Seven Nation Army - Marcus Collins : (Available Mar 4th 2012)

Forward Rock, Triple 3/4 Turn, Forward Rock, Coaster Step.

- 1-2 Rock forward on Right, Recover on Left.
- 3&4 Triple 3/4 turn Right. (stepping R,L,R)
- 5-6 Rock forward on Left, Recover on Right.
- Step Left back, close Right beside Left, step Left forward. (9:00) 7&8

Side, Heel, Ball cross, Side, Behind & Cross, Rock 1/4 Turn.

- 1-2 Step Right to Right side, touch Left heel diagonally forward.
- &3-4 Step Left in place, cross Right over Left, step Left to Left side.
- 5&6 Step Right behind Left, step Left to Left side, cross Right over Left.
- 7-8 Rock Left to Left side, Recover on Right making a 1/4 turn Right. (12:00)

Full Turn, Walk x 2, Klck & Point x2.

- 1-2 ¹/₂ Turn Right Step Back on L, ¹/₂ Turn Right Step Fwd on R.
- 3-4 Walk forward Left, Right.
- 5&6 Kick Left forward, step Left in place, point Right toe to Right side.
- 7&8 Kick Right forward, step Right in place, point Left toe to Left side. (12:00)

1/4 Monterey, & Klck, Coaster Step, Dorothy Step, Syncopated Jazzbox.

- Step Left in place making a 1/4 turn Left, point Right toe to Right side, kick Right diagonally &1-2 forward.
- 3&4 Step Right back, close Left beside Right, step Right forward. (slightly facing Right diagonal).
- 5-6& Step Left forward, lock Right behind Left, step Left forward. (slightly facing Left diagonal).
- 7&8& Cross Right over Left, step Left back, step Right to Right side. step Left in place taking weight on Left. (9:00).

NO tags or restarts

Enjoy xxx





牆數:4