## You're The One For Me

拍數: 72

級數: High Beginner

編舞者: Birgit Kjerside (DK) - February 2012

音樂: You're the One - Tracy Chapman

Intro: 16 counts	
<b>S1: Side, Togel</b>	t <b>her, Forward, Hold, Rocking Chair</b>
1 - 4	Step R to right side, Step L beside R, Step fwd. On R, Hold
5 - 8	Rock fwd on L, Recover R, Rock Back on L, Recover R
<b>S2: Side, Togel</b>	t <b>her, Forward, Hold, Rocking Chair,</b>
1 - 4	Step L to left side, Step R beside L, Step fwd. On L, Hold
5 - 8	Rock fwd on R, Recover L, Rock Back on R, Recover L
<b>S3: Paddle ¼ T</b>	<b>Turn x 2, Cross Point, Cross Kick</b>
1 - 4	Step fwd R, Paddle ¼ left (keeping weight on L), x2
5 - 8	Cross R over L, Point L to L side, Cross L over R, Kick R diagonally right
<b>S4: Behind, Sid</b>	l <b>e, Cross, Hold, Hips L x 2</b>
1 - 4	Step R behind L, Step L to left side, Cross R over L, Hold
5 - 8	Touch L slightly to left with hips, Step down on L with hips
<b>S5: Vine right,</b> ⊺	<b>Fouch, Step diagonally fwd, Touch, Step diagonally back, Touch</b>
1 - 4	Step R to right side, Step L behind R, Step R to right side
5 - 8	Step diagonally fwd on L, Touch R beside L, Step diagonally back on R, Touch L beside R
<b>S6: Vine right,</b>	<b>Fouch, Step diagonally back, Touch, Step diagonally fwd, Touch</b> Step L to left side, Step R behind L, Step L to left side Step diagonally back on R, Touch L beside R, Step diagonally fwd on L, Touch R beside L
<b>S7: Step, Lock</b>	<b>, Step, Brush Step, Lock, Step, Brush</b>
1 - 4	Step fwd on R, Lock L behind R, Step fwd on R, Brush L
5 - 8	Step fwd on L, Lock R behind L, Step fwd on L, Brush R
<b>S8: Hip bumps,</b>	<b>Run steps back R, L, R, Touch</b>
1 - 4	Touch R food slightly fwd, Push R hip fwd, back, fwd, back
5 - 8	Run back R, L, R, Touch L beside R
<b>S9: Side step,</b> T	<b>Fouch, Side step, Touch, Step ½ Turn, Step, Touch</b>
1 - 4	Step L to left side, Touch R beside L Step R to right side, Touch L beside R
5 - 8	Step fwd on L, Turn ½ right, Step fwd on L, Touch R beside L
Ending: After 16 counts on wall 6 : Touch R food slightly fwd, Push R hip fwd, back, fwd, back, fwd	
Enjoy the dance and the wonderful music	
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**牆數:**1

**満要:**1