

La Novela

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Sandy Kerrigan (AUS) - February 2012
音樂: La Novela - Fulanito
或: La Novela - Merengue Latin Band



Start with weight on Right....

Step Side, Behind, Side, Cross Rock, Rep, Side, Behind, Side, Cross Rock, Rep, Step Side

1, 2, 3 Step L to L Side, Cross R Behind L, Step L to L Side,
4 & 5 Cross Rock R over L, Replace Back to L, Step R to R Side,
6, 7 Cross L Behind R, Step R to R Side,
8 & 1 Cross Rock L over R, Replace to R, Step L to L Side,

Cross Rock, Rep, Step Side, Cross Rock, Rep, Turn ¼ Fwd, ½ Turn Step Back, Step Back, ½ Shuffle Turn Fwd

2 & 3 Cross Rock R over L, Rep Back to L, Step R to R Side,
4 & 5 Cross Rock L over R, Rep to R, ¼ Turn L-Step Fwd L to 9:00

Note: (Cross Rocks Travel slightly forward)

6, 7, 8 & 1 ½ Turn L-Step Back on R, Step Back on L, ½ Turn R Shuffle fwd R to 9:00

½ Pivot Turn, L Fwd Mambo, R Back Mambo, Walk Fwd Left, Fwd Right

2, 3, 4 & 5 Step Fwd L, with ½ Pivot Turn R-wt on R, Rock Fwd L, Rep to R, Step Back on L
6 & 7, 8, 1 Rock Back on R, Rep to L, Step Fwd on R, Walk Fwd L, Walk Fwd R

L Side Mambo Step, R Side Mambo Step, ½ Pivot Turn, Left Side Shuffle

2 & 3 Rock L to L Side, Rep to R, Step Together L,
4 & 5 Rock R to R Side, Rep to L, Step Together R,
6, 7 Step Fwd L, with ½ Pivot Turn R-wt on R,
8 & 1 Step L to L, Step R next to L, [Step L to L Side]

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