

# Seattle Sunshine (P)

拍數: 64      牆數: 0      級數: Partner  
編舞者: Carol Stayte & George Stayte - February 2012  
音樂: Sunny In Seattle - Blake Shelton



Alt. Music: A Week In Juarez by Lonestar (102 bpm)

Position: start facing LOD. Sweetheart Position. Same footwork, except where stated  
Start dancing on lyrics

## ¼ CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2            Step right forward, turn ¼ left, ILOD  
3&4           Crossing chassé right, left, right (Release left hands, right hand over lady's head)  
5-6           Rock to side on left, recover to right  
7&8           Crossing chassé left, right, left

## VINE ¼ TURN, ¼, STEP BEHIND, TURN ¼ WALK FORWARD (TWICE)

1-3            Step right to side, cross left behind right, turn ¼ right and step right forward, LOD  
4-6            Turn ¼ right and step to side on left, cross right behind left, turn ¼ left and step left forward,  
LOD

Release left hands, right over lady's head, rejoin hands over lady's shoulders into Indian Position

7-8            Step right forward, step left forward (Side By Side/Sweetheart)

## SHUFFLE FORWARD, TWICE (LADY ½ TURN) SIDE, BEHIND, (CHANGING SIDES) TRIPLE STEP

1&2            Chassé forward right, left, right  
3&4            Left shuffle forward, left, right, left, (lady: ½ turn shuffle to the right, RLOD) right shoulder to  
right shoulder

Release left hands, keeping right hands low

5-6            Step right to side, cross left behind right, (changing sides, lady traveling in front of man,) left  
shoulder to left shoulder

Release right hands, pick up left hands

7&8            Triple in place right, left, right

## ROCK STEP, TRIPLE ½ TURN, (TWICE)

1-2            Rock left forward, recover to right  
3&4            Triple turn ½ left, left, right, left, (right shoulder to right shoulder) (Release hands, pick up  
right hand)  
5-6            Rock right forward, recover to left  
7&8            Triple turn ½ right, right, left, right, (left shoulder to left shoulder) (Release hands, pick up left  
hands)

## SIDE BEHIND (LADY ½ TURN CHANGING SIDES) TRIPLE STEP, ROCK STEP, SHUFFLE FORWARD

1-2            MAN: Step to side on left, cross right behind left  
1-2            LADY: Turn ¼ left and step left forward, turn ¼ left and step to side on right

Changing sides, lady turning in front of man to man's right side, Lady turning under left hands, rejoin hands  
into Sweetheart

3&4            Triple in place, left, right, left, LOD  
5-6            Rock right back recover to left  
7&8            Chassé forward right, left, right

## WALK, WALK, SHUFFLE FORWARD, BOX ¼ TURN, CROSS

1,2,3&4       Walk left forward, right, chassé forward left, right, left  
5-8            Cross right over left, step left back, turn ¼ right on right, cross left over right, OLOD (Into  
Indian Position)

**SIDE ROCK, CROSS SHUFFLE, ¼ TURN, STEP BACK, SHUFFLE BACK**

1,2,3&4          Rock right to side, recover to left, crossing chassé right, left, right

5,6, 7&8          Turn ¼ right, stepping left back, step right back, RLOD, left shuffle back, left, right, left

**TURN ¼, TOGETHER, ¼ TURN SHUFFLE, WALK, WALK, SHUFFLE FORWARD**

1-2                Turn ¼ right on right, slide left together, ILOD (Release left hands, right hands over man's head)

3&4                Turn ¼ right on a right shuffle left, right, left, LOD (Rejoin hands into side by side/sweetheart position)

5,6,7&8          Walk left forward, right, chassé forward left, right, left

**Smile and Begin Again**

Contact: Don Carleton, 15 Hope Dr., Rochester, NH 03868 - Phone: 603-332-8261 - E-mail: [luv42step@aol.com](mailto:luv42step@aol.com)

---