

Nuttin' But Bad

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sue Ann Ehmann (USA) - February 2012
音樂: Nuttin' for Christmas - Sugarland : (CD: Gold and Green)



Alt. music:-

It's Been A Great Afternoon by Merle Haggard [CD: Down Every Road, 1962-94]

Carolina Mountain Home by Ricky Skaggs [CD: Ancient Tones]

She's Gone, Gone, Gone by Glen Campbell [Walkin' In The Sun] 126 bpm

Intro: 16 counts - begin on vocals

Special thanks to Rick Fain for his expertise on flatfoot and clogging steps

WALK, WALK, STEP, BALL, STEP, STEP, BALL, STEP, WALK, WALK *

1-2 Step right forward, step left forward

3&4 Step right slightly forward, step ball of left beside right, step right slightly forward

5&6 Step left slightly forward, step ball of right beside left, step left slightly forward

7-8 Step right forward, step left forward

See below for how to do these steps with an Appalachian Flatfoot flair

HEEL, HOOK, HEEL, HITCH, TRIPLE IN PLACE, HEEL, HOOK, HEEL, HITCH, TRIPLE IN PLACE

1&2& Extend right heel forward (just off floor), hook right across left, extend right heel forward, hitch right

3&4 Step right together, step ball of left beside right, step right in place

5&6& Extend left heel forward (just off floor), hook left across right, extend left heel forward, hitch left

7&8 Step left together, step ball of right beside left, step left in place

ROCK FORWARD, RECOVER, ANCHOR STEP, ROCK BACK, RECOVER, STEP TURN 1/4

1-2 Rock right forward, recover to left

3&4 Cross right behind left, recover left, step right in place

5-6 Rock left back, recover to right

7-8 Step left forward, turn 1/4 right and step right in place (3:00)

CROSS & CROSS, SIDE ROCK RECOVER, RIGHT SAILOR, LEFT SAILOR

1&2 Crossing chassé left, right, left

3-4 Rock right to side, recover to left

5&6 Cross right behind left, step left to side, step right together

7&8 Cross left behind right, step right to side, step left together

REPEAT

TAG: At end of wall 3 (9:00)

ROCKING CHAIR

1-4 Rock right forward, recover to left, rock right back, recover to left

Start the dance over

VARIATION

Appalachian Style Flatfoot execution of 1st section

WALK, WALK, STEP, BALL, STEP, STEP, BALL, STEP, WALK, WALK

1 Step right forward (almost a stomp), left heel twists out and comes slightly off floor as you step down on right, (simultaneous movement)

- 2 Step left forward (almost a stomp), right heel twists out and comes slightly off floor as you step down on left, (simultaneous movement)
- 3&4 Step right slightly forward (almost a stomp), step ball of left beside right heel, step/stomp right slightly forward, left heel twists out and slightly off floor as you step down on right
- 5&6 Step left slightly forward (almost a stomp), step ball of right beside left heel, step/stomp left slightly forward, right heel twists out and slightly off floor as you step down on left
- 7-8 Same as 1-2 above
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