

Sometimes

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sally Hung (TW) - February 2012
音樂: Sometimes - Britney Spears



Start the dance from 16 counts. No tag. No restart.

SI. KICK-BALL-CHANGE, BIG STEP R & L, ¼ TURN R KICK-BALL-CHANGE X2

1&2 Kick-ball-change to L, step R back in place, step L beside R
3-4 Make a big half circle stepping R to the R, make a big half circle stepping L to the L
5-8 ¼ turn R by kick-ball-change x 2

SII. STEP R TO SIDE, ¼ TURN L STEP, BIG STEP R & L, FWD KICK-BALL-CHANGE X2

1-2 Step R to the R, ¼ turn L stepping L in place
3-4 Make a big half circle stepping R to the R, make a big half circle stepping L to the L
5-8 Fwd kick-ball-change x2

SIII. STEP R TO SIDE, TOUCH R TO THE L, BIG SLIDE TO R SIDE, HOLD, STEP L TO SIDE, TOUCH L TO THE R, BIG SLIDE TO L SIDE, HOLD

1-2 Step R to the side, touch R to the L
3-4 Slide R to the R side, hold
5-6 Step L to the side, touch L to the R
7-8 Slide L to the L side, hold

SIV. ¼ TURN L KICK-BALL-CHANGE X2, KICK-STEP-TOUCH X2

1-4 ¼ turn L kick-ball-change for 2
5&6 Kick R fwd, step R back in place, touch L to the side
7&8 Kick L fwd, step L back in place, touch R to the side

SV. BIG STEP FWD, KICK-BALL-CHANGE FWD, POINT R&L, PUSH CHEST FWD

1-2 Make a big step fwd with knee slightly bended, touch L beside R
3-4 Kick-ball-change fwd
5-6 Point R toes over L, point L toes over R
7-8 Push chest fwd twice

SVI. ¾ TURN R WITH KICK-BALL-CHANGE 4 TIMES

1-8 Kick-ball-change start from fwd pivot R, then every quarter, totally 4 times

SVII. WALK FWD, POINT FWD & BACK, ¾ TURN R, SLIDE, TOUCH

1-2 Walk fwd R&L
3-4 Point R toes fwd, point R toes back
5&6 ¾ turn R with RLR
7-8 Make a big slide with R to the side, touch L beside R

SVIII. WALK FWD, POINT FWD & BACK, ¾ TURN L, SLIDE, TOUCH

1-2 Walk fwd L&R
3-4 Point L toes fwd, point L toes back
5&6 ¾ turn R with LRL
7-8 Make a big slide with L to the side, touch R beside L

Happy Dancing!!

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