

# My Delilah

拍數: 32      牆數: 4      級數: Smooth Improver  
編舞者: Jeannette Rosenbäck (DK) - February 2012  
音樂: Hey There Delilah - Plain White T's : (Album: Every Second Counts)



## Intro: 16 Count

### Point Back, 1/2 Right, Shuffle, Step Turn, Shuffle

1-2            Point right back, ½ turn right, Weight on right (6)  
3&4           Step left fwd. Right close to left, Step left fwd.  
5-6           Step right fwd. ½ Turn left (12)  
7&8           Step right fwd. Left close to right, Step right fwd.

### Side Rock Behind Side Cross X 2 Left Then Right

1-2            Rock left to left side, Recover onto right  
3&4           Step left behind right, Step right to right, Cross left in front of right  
5-6           Rock right to right side, Recover onto left  
7&8           Step right behind left, Step left to left, Cross right in front of left

### 2X Walk, Step 1/2 Turn Right, 1/4 Turn Right, Behind Side, Cross Shuffle

1-2            Walk forward Left, Walk forward Right.  
3&            Step fwd. left, turn ½ over right shoulder stepping fwd. on right (6)  
4            turn ¼ over right shoulder stepping Left to side (9)

### (On wall 10: Restart. (6))

5-6           Step right behind left, Step left to left side  
7&8           Cross right in front of Left, Step Left to Left side, Cross right in front of left

### (On wall 8: Restart. (12) After 22 counts, instead of cross shuffle.

7-8           Cross right in front of left, Step left to left side

### Side Rock, Cross Shuffle, Side Behind Side Cross

1-2            Rock left to left side, Recover onto right  
3&4           Cross left in front of right, Step right to right side, Cross left in front of right  
5-6           Step right to right side, Step left behind right  
7-8           Step right to right side, Cross left in front of right

### Tag: after wall 3 (3)

1-2            Rock right to right side, Recover onto left  
3-4           Right behind left, Left to left side

### Restarts:

#### R1: On Wall 8 after 22 counts instead of cross shuffle.

7-8           Cross right in front of left, Step left to left side (12) then restart

#### R2: On wall 10 after 20 counts, (6)

### Ending: on wall 13 (12)

1-2            Point right back, ½ turn right, Weight on right (6)  
3-4-5        Step left fwd. ½ turn right, Step left forward (12)

Dance, Smile and Have Fun!