

Bunyi Gitar

拍數: 132 牆數: 2 級數: Phrased Beginner
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音樂: Bunyi Gitar - P. Ramlee



Start after 43 counts - Sequence: A,A,B,A,A,B,A (twist those hips!)

Part A – 64 counts

TOUCH R TOE, STEP R FOOT FORWARD, TOUCH L TOE, STEP L FOOT FORWARD, REPEAT

1 – 4 Touch R toe in front, step R foot forward, touch L toe in front, step L foot forward

5 – 8 Repeat above

TOUCH R TOE SIDE, STEP R FOOT BACK, TOUCH L TOE SIDE, STEP L FOOT BACK, REPEAT

1 – 4 Touch R toe to right, step R foot back, touch L toe to left, step L foot back

5 – 8 Repeat above

STEP R FORWARD, HOLD, PIVOT ½ LEFT, HOLD, JAZZ BOX WITH A ¼ RIGHT TURN

1 – 2 Step R forward, hold and clap hands

3 – 4 Pivot ½ left (weight on left), hold and clap hands

5 – 8 Cross R over L, step L, ¼ turn right, step R to right, step L next to R

STEP R FORWARD, STEP L, STEP R BACK, HOLD, TURN ¼ LEFT, HOLD 3 COUNTS

1 – 4 Step R forward, step L in place, step R back, hold

5 – 8 Turn ¼ left (weight on left), hold 3 counts

TWIST FORWARDS, TWIST BACKWARDS

1 – 4 Step R diagonally forward (weight on R toe), do the twist for 4 counts, bending body forward

5 – 8 Switch weight to L, do the twist for 4 counts, bending body back

STEP R DIAGONALLY FORWARD, LOCK L, REPEAT, STEP L DIAGONALLY FORWARD, LOCK R, REPEAT

1 – 4 Step R diagonally forward, lock L behind R, step R diagonally forward, touch L

5 – 8 Step L diagonally forward, lock R behind L, step L diagonally forward, step R to L

TWIST TO THE RIGHT, TWIST TO THE LEFT

1 – 4 Swivel heels R-L-R (moving right), clap hands

5 – 8 Swivel heels L-R-L (moving left), clap hands

STEP R FORWARD, PIVOT ½ LEFT, WALK R,L, TOUCH R, HOLD 3 COUNTS

1 – 4 Step R forward, pivot ½ left (weight on left), walk R-L

5 – 8 Touch R toe, hold 3 counts

Part B – 68 counts

1 – 4 Touch R toe, step R in place, touch L toe, step L in place

5 – 8 Repeat above

9 – 12 Cross R over L, step L, ¼ turn right, step R to right, step L next to R

Repeat the above 3 times more

1 – 4 Weight on right, touch L heel to left, hold for 3 counts

5 – 8 Switch weight to left, touch R heel to right, hold for 3 counts

1 – 4 Step R to right, step L behind R, step R to right, touch L next to R

5 – 8 Step L to left, step R behind L, step L to left, touch R next to L

1 – 4

Step R forward, pivot $\frac{1}{2}$ left (weight on left), walk R-L
