

Keep The Faith

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lindy Bowers (USA) - February 2012
音樂: One Step At a Time - Jordin Sparks



With wonderful help from Donna Manning & Carol Huban

16 count. intro

WALK FORWARD, TOUCH, STEP FORWARD, TOUCH, STEP BACK, TOUCH

- 1-4 Walk R-L-R, touch left next to right
- 5-6 Step left forward (slight diagonal right) turning body a bit right, touch right next to left
- 7-8 Step right back (squaring up to 12:00), touch left next to right

L SIDE ROCK, RECOVER, CROSS TOE STRUT, REPEAT ON R

- 1-4 Rock left to side, recover on right, toe strut crossing left over right
- 5-8 Rock right to side, recover on left, toe strut crossing right over left

WALK AROUND ¾ TURN, POINT RIGHT, ¼ TURN, POINT, ¼ TURN, POINT

- 1-4 Walk L-R-L making ¾ turn left, point right to side 3:00
- 5-6 Step ¼ turn right on right, point left to side 6:00
- 7-8 Step ¼ turn left on left, point right to side 3:00

RIGHT HEEL, TOE, STEP SIDE, SLIDE-TOUCH, REPEAT ON LEFT

- 1-4 Tap right heel forward, tap right toe back, step right large step side, slide-touch left next to right
- 5-8 Tap left heel forward, tap left toe back, step large step side, slide-touch right next to left

RESTARTS

On walls #4 and #8 after count #6 of the second set, touch R next to L, hold (instead of the R cross toe strut). This happens on the 9:00 wall both times.

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