Colonel Bogey

級數: Ultra Beginner

編舞者: Karen Tripp (CAN) - February 2012

牆數: 1

音樂: The River Kwai March, Colonel Bogey March - Mitch Miller : (CD: Mitch Miller, The Gang & Chorus & Orchestra)

32 count wait, weight on left, right foot free

WALK FORWARD 3, TOUCH; WALK BACK 3, TOUCH

- 1-4 Walk forward right, left, right, touch left beside right
- 5-8 Walk back left, right, left, touch right beside left

VINE RIGHT, TOUCH; VINE LEFT, TOUCH

- 1-4 Step side on right, cross left behind, step side on right, touch left next to right
- 5-8 Step side on left, cross right behind, step side on left, touch right next to left

BOX STEP

- 1-4 Step side on right, step left next to right, step forward on right, touch left next to right
- 5-8 Step side on left, step right next to left, step back on left, touch right next to left

SIDE, TOUCH, SIDE, TOUCH; POINT OUT, TOUCH TOGETHER, POINT OUT, TOUCH TOGETHER

- 1-4 Step side on right, touch left next to right, step side on left (full weight, as all next steps are touch steps), touch right next to left (Clap hands when doing touches)
- 5-8 Point right toe out to side, touch right toe next to left, point right toe out to side, touch right toe next to left

Note: This dance is intentionally choreographed as Ultra Beginner and can be used as the first routine to music at a Basics level class.

It has a good marching beat and helps beginners to hear and feel the beat of the music.





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