

Party In My Head

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lennart Gustavsson (SWE) - February 2012
音樂: Party In My Head - September : (CD: Love CPR)



48 Count Intro (23 secs)

Sec 1: Right Chasse, Rock Back, Left Shuffle ½ turn Left, Back, ¼ turn Left

- 1 & 2 Step R to right side, close L beside R, step R to right side.
- 3 - 4 Rock back on L, recover on R
- 5 & 6 Left shuffle making 1/2 turn right stepping L, R, L. (6:00)
- 7 - 8 Step R back, Make 1/4 turn left stepping L to left side. (3:00)

Sec 2: R Cross Rock, R Chasse 1/4 Turn Right, Full Turn Right, L Shuffle Forward

- 1 - 2 Cross rock R over L. Rock back on L.
- 3 & 4 Step R to side, Close L beside right, Turn 1/4 right stepping R forward. (6:00)
- 5 - 6 Turning ½ turn right stepping L back, turning ½ turn right stepping R forward.
- 7 & 8 Left shuffle forward stepping L, R, L. (6:00)

Option: Counts 5-6 Walk forward L, R.

Sec 3: Point Fwd, Point Side, R sailor step, Point Fwd, Point Side, L Sailor ¼ turn

- 1 - 2 Point R Fwd, Point R to Right Side
- 3 & 4 Cross R behind L, step L together, step R to side
- 5 - 6 Point L Fwd, Point L to Left Side
- 7 & 8 Cross L behind R making 1/4 turn Left. Step R beside L. Step L Diagonally forward Left. (3:00)

Sec 4: ¼ Turn Left, L behind, Chasse 1/4 Turn Right, Step ½ Pivot Right, L Kick Ball Step

- 1 - 2 Turn 1/4 left stepping R to right side. Step L behind R. (12:00)
- 3 & 4 Step R to right. Step L beside R. Step R 1/4 turn right. (3:00)
- 5 - 6 Step forward on left, pivot ½ turn right. (9:00)
- 7 & 8 Kick L forward. Step L in place beside R. Step forward on R. (9:00)

Restart here during wall 2 (12:00)

Sec 5: Walks Forward, Forward Shuffle, Forward Rock, R Coaster step

- 1 - 2 Step forward L. Step forward R
- 3 & 4 Step L forward, Step R next to L, Step L forward.
- 5 - 6 Rock forward on R. Recover on L.
- 7 - 8 Step R back. Step L beside R. Step R forward. (9:00)

Sec 6: Step ½ Pivot Right, Back Shuffle 1/2 Turn, R Back, 1/4 Turn Left, Cross Shuffle

- 1 - 2 Step forward on L, pivot ½ turn right. (3:00)
- 3 & 4 Shuffle back 1/2 turn left, stepping - L, R, L. (9:00)
- 5 - 6 Step back on R. Turn 1/4 left stepping L to left side. (6:00)
- 7 & 8 Cross R over L. Step L to left side. Cross R over L. (6:00)

Sec 7: Step L Side, Hold, & Side Touch, Rolling Vine Right, Cross

- 1 - 2 Step L to Left Side, Hold
- &3 - 4 Step R Next to L, Step L to Left Side, Touch R Next to L
- 5 - 6 Making 1/4 turn right step R forward. Making 1/2 turn right step L back
- 7 Making 1/4 turn right step R to right side.
- 8 Cross L over R. (6:00)

Sec 8: Back, 1/4 Turn Left, Right Forward Shuffle, Forward Rock, L Coaster Cross

- 1 - 2 Step back on R. Turn 1/4 left stepping L to left side. (3:00)
- 3 & 4 Right Shuffle Forward stepping R, L, R.
- 5 - 6 Rock forward on L. Recover on R.
- 7 - 8 Step L back. Step R beside R. Cross L over R (3:00)

Start the dance from the beginning!

Restart: After 32 counts during wall 2, facing (12:00):-

Touch R next to L on count 8 - then restart
