I Get It In

拍數: 64

級數: Intermediate

編舞者: Ronnie Goode (USA) - February 2012

音樂: I Get It In (feat. Gucci Mane) - Omarion

牆數:2

First Eight Count

| 1& | Big step to the left knee pointing outward to the Left Wall &. Step Right Foot |
|----|--|
| 2& | Big Step to the Left, Knee Pointing Outward to the Left Wall &. Step Right Foot |
| 3& | Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot |
| 4& | Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot |
| 5& | Big Step to the Left, Knee Pointing Outward to the Left Wall & Step Right Foot |
| 6& | Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot |
| 7& | Big Step to the Left, Knee Pointing Outward to the Left Wall& Step Right Foot |
| 8 | Big Step to the Left, Knee Pointing Outward to the Left Wall |

Second Eight Count

1 & 2Stomp Right Foot in front and do a snake motion with torso coming down toward the ground3 & 4 &Left foot "Stanky Leg" Motion (Left foot taps backward and forward and backward and
forward on the -#&\$ & count)

5 & 6 & 7 & 8 & Right foot taps out, then across the left four times on the (5 & 6 & 7 & 8 counts)

Third Eight Count

| 1& | Step forward on the right foot (quarter turn to the left) &. Tap Up with the Left Foot |
|--------|--|
| 2& | Step back on the Left foot & Tap Back with the Right foot |
| 3& 4 & | Kick Right, Kick Left, Kick Right, Kick Left (facing front) |
| 5& | Step forward on the right foot (quarter turn to the left) &. Tap Up with the Left Foot |
| 6& | Step back on the Left Foot & Tap Back with the Right Foot |
| 7&8& | Kick Right, Kick Left, Kick Right, Kick Left (facing front) |

Fourth Eight Count

| 1& | Step forward on the right foot (quarter turn to the left) &. Tap Up with the Left Foot |
|---------|--|
| 2& | Step back on the Left foot & Tap Back with the Right foot |
| 3 & 4 & | Kick Right, Kick Left, Kick Right, Kick Left (facing front) |
| 5& | Step forward on the right foot (quarter turn to the left) &. Tap Up with the Left Foot |
| 6& | Step back on the Left Foot & Tap Back with the Right Foot |
| 7& | Kick Right, Kick Left |
| 8 | Cross Right Foot in front of Left- Half turn to the opposing wall |

Fifth Eight Count

| 1& | Big step to the left knee pointing outward to the Left Wall &. Step Right Foot |
|----|--|
|----|--|

- 2& Big Step to the Left, Knee Pointing Outward to the Left Wall &. Step Right Foot
- 3& Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot
- 4& Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot
- 5&Big Step to the Left, Knee Pointing Outward to the Left Wall & Step Right Foot
- 6& Big Step to the Right, Knee Pointing Outward to the Right Wall &. Step Left Foot
- 7& Big Step to the Left, Knee Pointing Outward to the Left Wall & Step Right Foot
- 8 Big Step to the Left, Knee Pointing Outward to the Left Wall

Sixth Eight Count

- 1 & 2Stomp Right Foot in front and do a snake motion with torso coming down toward the ground3 & 4 &Left foot "Stanky Leg" Motion
- (Left foot taps backward and forward and backward and forward on the -#&\$ & count)





5&6&7&8& Right foot taps out, then across the left four times on the (5 & 6 & 7 & 8 counts)

Seventh Eight Count

| Note: The dance does repeat, but there is a slight variation on the opposing wall | | |
|---|--|--|
| 1& | Right Foot Taps out to the Right &. Right Foot Steps Together with Left | |
| 2& | Left Foot Taps out to the Left &. Left Foot Steps Together with Right | |
| 3 & 4 & | Move to the Right Stepping with the Right foot, then Left, then Right, then Left | |
| 5& | Left Foot Taps out to the Left &. Left Foot Steps together with Right | |
| 6& | Right Foot Steps out to the Right &. Right Foot Steps together with Left | |
| 7 & 8 & | Move to the Left, Stepping with the Left foot, then Right, then Left, then Right | |
| Eighth Eight Count | | |

| 1& | Right Foot Taps out to the Right &. Right Foot Steps Together with Left |
|---------|--|
| 2& | Left Foot Taps out to the Left &. Left Foot Steps Together with Right |
| 3 & 4 & | Walk Forward Right foot first (Right, Left, Right, Left) |
| 5& | Left Foot Taps out to the Left &. Left Foot Steps together with Right |
| 6& | Right Foot Steps out to the Right &. Right Foot Steps together with Left |
| 7& | Walk Backwards on the Right Foot &. Step Back on the Left Foot |
| 8& | Cross Right Foot in Front of Left &. Half Turn to the opposing Wall |
| | |

From Here the dance begins again and proceeds throughout the song