

Folla Me To Da Floor

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Guyton Mundy (USA) - February 2012
音樂: Girls On the Dance Floor - Far East Movement & Stereotypes



Dance starts on vocals 34 sec. into track, 1 restart

[1-8] Back X2, ball step, full turn, step, kick ball cross

1-2 Step back on left, Step back on right
&3-4 step together with left, step forward on right, make 1/2 turn over right stepping back on left
5-6 make 1/2 turn over right stepping forward on right, step forward on left
7&8 kick right foot forward, step together with right, cross left over right

[9-16] Ball step, 1/4 turn, 1/2 chase turn, full turn, walk walk

&1-2 step right to right side, step together with left, make 1/4 left stepping forward on right
3&4 step forward on left, step together on ball of right, make 1/2 left stepping forward on left
5-6-7 step forward on right, make a 1/2 turn over right stepping back on left, make a 1/2 turn over right stepping forward on right
8 step forward on left

[17-24] Side step, sit back into hip, look, look, walks, step out

1-2 step right to right side, make 1/4 turn left sitting back into right hip
3-4 look back over right shoulder, swing head returning to forward
5-6 walk forward left-right
7-8 walk forward on left, step right to right side

[25-32] Out, out, 1/4 turn, 1/2 turn chase, walk, walk, 1/2 turn, Back steps X3

1-2 step left to left side, make 1/4 turn right stepping forward on right
3&4 step forward on left, make 1/2 turn stepping down on right, step forward on left
5-6 walk forward right-left
7&8 make 1/2 turn over left walking back right-left-right

Restart: On the 4th wall you will do the first 16 counts of the dance ending with a touch on the left foot and then restart the dance on the 12 O'clock wall

Have fun..... Guyton Mundy,