

Cold as Ice

拍數: 48 牆數: 2 級數: Upper Intermediate
編舞者: Tony Myers (UK) - February 2012
音樂: Better Than I Know Myself - Adam Lambert



8 count Intro, as he sings 'Cold as Ice' start on word 'Ice'
Sequence 48 - 32+tag - 48 - 32+tag - 32 - 32 - 48

Side, Rock Back, Recover: Side, Rock Back Recover: ½ Turn: Behind, Side, Cross: Sailor Turn

1, 2& Step left to side (1) Rock right behind left (2) Recover on left (&)
3, 4& Step right to side (3) Rock left behind right (4) Recover on right (&)
5 Turn ½ right stepping back on left (5) (6:00)
6&7 Step right behind left (6) Step left to side (&) Cross right over left (7)
8&1 Turn ¼ left stepping left behind right (8) Step right to side (&) Step left to side (1) (3:00)

Rolling Vine: Step, Lock, Step Back: Heel Grind, Turn, Touch: Point & Point

2&3 Turn ¼ left step forward on right (2) Turn ½ left step back on left (&) Turn ¼ left step right to side (3)
4&5 Step back on left (4) Cross / Lock right over left (&) Step back on left (5)
6&7 Dig right heel forward (6) Grind heel ¼ turn right stepping down on right (&) Touch left forward (7) (6:00)
8&1 Point left to side (8) Step left with right (&) Point right to side (1)

Turn, Point, Together: Point, Hitch, Back: Left Toe, Heel, Toe: Forward, Touch, Turn Sweep

2, 3& Turn ½ right stepping right next to left (2) Point left to side (3) Step left next to right (&) (12:00)
4&5 Point right to side (4) Hitch right knee (&) Step back on right (5)
6&7 Swivel left toes out to left (6) Swivel left heel out to left (&) Swivel left toes out to left (7)
8&1 Step forward on right (8) Touch left up to right heel (&) Turn ¼ right on ball of left sweeping right to front (1)(3:00)

Rock & Cross: & Cross, Turn, Rock: Recover, Walk, Walk: Kick Ball Step

2&3 Rock right to side (2) Recover on left (&) Cross right over left (3)
&4&5 Step left to side (&) Cross right over left (4) Turn ¼ right back on left (&) Rock forward on right (5) (6:00)
6&7 Recover back on left (6) Step forward on right (&) Step forward on left (7)
8&1 Kick right forward (8) Step down on right (&) Step left forward and out(1)# (On walls 5,6 this is step 1 of dance)

Step, Turn, Turn Sweep: Coaster Step: Turn, Turn, Side: Side, Together, Forward

2&3 Step forward on right (2) Pivot ½ turn left (&) Turn ½ left on ball of left sweeping right round to side (3)
4&5 Step back on right (4) Step left with right (&) Step forward on right (5)
6&7 Turn ½ right stepping back on left (6) Turn ¼ right stepping right to side (&) Step left to side (7) (3:00)
8&1 Step right to side (8) Step left next to right (&) Step forward on right (1)

Side, Cross, Side: Rock, Recover, Rock Back, Recover Turn: Step Turn Step: Cross Rock, Side

2&3 Step left to side (2) Cross right over left (&) Step left to side (3)
4&5& Rock forward on right to left diagonal (4) Recover on left (&) Rock back on right to right diagonal (5) Recover on left turning ¼ left (&) (12:00)
6&7 Step forward on right (6) Pivot ½ turn left (&) Step forward on right (7) (6:00)
8& (1) Rock left over right (8) Recover on right (&) (Step left to side (1))

On walls 2 & 4 facing front - add the tag:-

2, 3, 4 Step right to side swaying right (2) Touch left next to right (3) Hold (4) Start again from beginning

On walls 5 & 6 start again from count 2 (rock right behind left)
