

Caro's Man

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Rachel Dewsbury (UK) - February 2012
音樂: That Man - Caro Emerald : (3:51)



Intro: 32counts; start on the word "trouble" – "I'm in a little bit of trouble"

[1–8] R jazz box; touch R in, out, in; behind, ¼ turn left, R step forward

1–4 Step R across L, step L back, step R to the R side, step L across R.
5&6 Touch R out to R side, touch R next to L, touch R out to R side.
7&8 Step R behind L, Step L forward making ¼ turn L, Step R forward.

[9–16] L jazz box; touch L forward, hook, touch; L coaster step

1–4 Step L across R, step R back, step L to the L side, step R forward.
5&6 Touch L forward, hook L under L knee, touch L forward.
7&8 Step L back, step R together, step L forward.

[17–24] Step, kick, step, rock &; kick x 2; kick ball change

1–3 Step R forward, kick L forward, step L back.
4& Rock R back, replace weight to L.
5& Kick R forward, step R forward.
6& Kick L forward, step L forward.
7&8 Kick R forward, step R back, replace weight to L.

[25–32] Step ¼ L pivot; step ¼ L pivot cross; step L to L side, touch; run x 2, touch

1–2 Step R forward, making a ¼ turn left step L to L side.
3&4 Step R forward, making a ¼ turn left step L to L side, step R over L.
5–6 Step L to L side, touch R next to L

(Styling – torque body slightly to the L as you touch on count 6).

7&8 Making ½ turn R step R forward, making ¼ turn R step L back, making ¼ turn R touch R next to L

(Non-turning option: step R next to L, step L next to R, touch R next to L).

[33–40] Step; cross; R cross shuffle; step; cross; L cross shuffle

1–2 Step R across L, step L to L side.
3&4 Step R across L, step L to L side, step R across L.
5–6 Step L across R, step R to R side.
7&8 Step L across R, step R to R side, step L across R.

[41–48] Together; heel split; R back shuffle; together; heel split; touch x 2; &

1&2 Step R next to L, split both heels out from the centre, return heels to centre (weight ends on L).
3&4 Step R back, step L across R, step R back.
5&6 Step L next to R, split both heels out from the centre, return heels to centre (weight ends on L).
7&8 Touch R next to L, step R foot down next to L, touch L next to R.
& Step L foot down next to R.

Optional ending: On wall 8, dance up to count 24 (R kick ball change – you will be facing 6 o'clock wall), then step forward with a big ta da!