

When She's Bad

拍數: 32 牆數: 4 級數: Improver ECS
編舞者: John Warnars (NL) - February 2012
音樂: So Good When She's Bad - Jody Jenkins : (CD: Cars, Bars & Guitars)



Info : Dance started after 16 counts.

STEP FWD, JAZZ BOX 3 with ¼ TURN R, L CROSS SHUFFLE, SIDE STEP, TOUCH;

- 1 LF step forwards
- 2 RF cross step RF over LF
- 3 LF step with ¼ turn right backwards (3)
- 4 RF step to right side
- 5 LF cross step LF over RF
- & RF step RF next LF
- 6 LF cross step LF over RF
- 7 RF step to right side
- 8 LF touch LF toes next RF

¼ TURN L, ½ TURN L, L SHUFFLE BACK, ROCK BACK, RECOVER, KICK BALL CROSS;

- 1 LF step with ¼ turn left forwards (12)
- 2 RF step with ½ turn left backwards (6)
- 3 LF step backwards
- & RF step LF next RF
- 4 LF step backwards
- 5 RF rock backwards
- 6 LF recover back on LF
- 7 RF kick diagonal right forwards
- & RF step RF next LF
- 8 LF cross step LF over RF

SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, ¼ TURN R RECOVER, L SHUFFLE;

- 1 RF rock to right side
- 2 LF recover back on LF
- 3 RF cross step RF over LF
- & LF step LF next RF
- 4 RF cross step RF over LF
- 5 LF rock to left side
- 6 RF with ¼ turn right, recover back on RF (9)
- 7 LF step forwards
- & RF step RF next LF
- 8 LF step forwards

ROCK, RECOVER, ½ SHUFFLE TURN R, ¾ TURN R with SIDE TOUCH, ¼ TURN R SIDE SHUFFLE;

- 1 RF rock forwards
- 2 LF recover back on LF
- 3 RF step with ¼ turn right to right side (12)
- & LF step LF next RF
- 4 RF step with ¼ turn right forwards (3)
- 5 LF step with ½ turn right backwards (9)
- 6 LF on ball of LF, ¼ turn right (12) & touch RF toes to right side (weight on LF)
- 7 RF step with ¼ turn right forwards (3)
- & LF step LF next RF

8 RF step forwards

Easy options counts 5, 6, 7 & 8;

L + R SHUFFLE FWDS;

5 LF step forwards

& RF step RF next LF

6 LF step forwards

7 RF step forwards

& LF step LF next RF

8 RF step forwards

[1] LF start again (step forwards)

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