

I Can't Understand

拍數: 32 牆數: 2 級數: Improver
編舞者: John Warnars (NL) - February 2012
音樂: I Can't Understand - Trisha Yearwood : (CD: A Thing Called Love)



(Seq. 32, 32, 32, 4, 32, 32, 16, 32, 4 32, 32, 16 + 3(end))

Info : Dance starts after 4 counts intro, on the word; If you could "READ" my mind.

CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, SWEEP into ¼ TURN L COASTER STEP, STEP FWD, ½ PIVOT L;

- 1 RF cross rock RF over LF
- 2 LF recover back on LF
- & RF step to right side
- 3 LF cross step LF over RF
- 4 RF step to right side
- 5 LF step\sweep with ¼ turn left backwards (9)
- & RF close RF next LF
- 6 LF step forwards
- 7 RF step forwards
- 8 LF+RF make a ½ turn left (3) (weight on LF)

SIDE, L SAILOR STEP, BEHIND, SIDE, CROSS ROCK (LUNGE), RECOVER, 1/4 TURN R, STEP FWD;

- 1 RF step to right side
- 2 LF cross step LF behind RF
- & RF step to right side
- 3 LF step to left side
- 4 RF cross step RF behind LF
- & LF step to left side
- 5 RF press\cross rock over LF
- 6 LF recover back on LF
- 7 RF step with ¼ turn right forwards (6)
- 8 LF step forwards

ROCK FWD, RECOVER & ROCK BACK, RECOVER, STEP FWD, ¼ TURN R, CROSS SHUFFLE;

- 1 RF rock forwards
- 2 LF recover back on LF
- & RF step LF next RF
- 3 LF rock backwards
- 4 RF recover back on RF
- 5 LF step forwards
- 6 RF+LF make a ¼ turn right (9)
- 7 LF cross step LF over RF
- & RF step to right side
- 8 LF cross step LF over RF

SIDE, BEHIND, SIDE, CROSS, SWEEP into ¼ TURN L COASTER STEP, FULL TURN L;

- 1 RF step to right side
- 2 LF cross step LF behind RF
- & RF step to right side
- 3 LF cross step LF over RF
- 4 RF step to right side
- 5 LF step\sweep with ¼ turn left backwards (6)

- & RF close RF next LF
- 6 LF step forwards
- 7 RF step with $\frac{1}{2}$ turn left backwards (12)
- 8 LF step with $\frac{1}{2}$ turn left forwards (6)

[1] RF start again (cross rock RF over LF)

Tag on the end of walls 3(6) & 6(6)

R STEP FWD, $\frac{1}{2}$ PIVOT L 2 X;

- 1 RF step forwards
- 2 LF+RF make $\frac{1}{2}$ turn left
- 3 RF step forwards
- 4 LF+RF make $\frac{1}{2}$ turn left

Restart; Dance the fifth wall to count 16(12) (count 8 of block 2) and restart the dance again

Finish dance, cross step LF over RF on count 16(12) (count 8 of block 2) and make a full turn right at 3 counts.

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