

Skiffle Time

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Darren Bailey (UK) - February 2012
音樂: Mama Don't Allow - The Jive Aces



Forward Rock, 1/2 turn Shuffle to R, Forward Rock, 3/4 turn Shuffle to L

1-2 Rock Forward on Rf, Recover onto Lf
3&4 Make a 1/4 turn R stepping Rf to R side, close Lf next to Rf, make a 1/4 turn R stepping forward on Rf
5-6 Rock Forward on Lf, Recover onto Rf
7&8 Make a 1/4 turn L stepping Lf to L side, close Rf next to Lf making a 1/4 turn L, make a 1/4 L as you cross Lf over Rf

Side Rock, Behind side cross, Side Rock, Behind side cross

1-2 Rock Rf to R side, recover onto Lf
3&4 Cross Rf behind Lf, step Lf to L side, cross Rf over Lf
5-6 Rock Lf to L side, recover onto Rf
7&8 Cross Lf behind Rf, step Rf to R side, cross Lf over Rf

Syncopated Rocks, Side R, Side L, Forward R, Forward L

1-2& Rock Rf to R side, recover onto Lf, close Rf next to Lf
3-4& Rock Lf to L side, recover onto Rf, close Lf next to Rf
5-6& Rock Forward on Rf, recover onto Lf, close Rf next to Lf
7-8 Rock Forward onto Lf, recover onto Rf

Back, Back, Coaster step With 1/4 L and cross, Syncopated weave R

1-2 Step back on Lf, step back on Rf
3&4 Step back on Lf, close Rf next to Lf, step forward on Lf making a 1/4 turn L (ending with Lf crossed over Rf)
&5&6 Step Rf to R side, cross Lf behind Rf, step Rf to R side, cross Lf over Rf
&7&8 Step Rf to R side, cross Lf behind Rf, step Rf to R side, cross Lf over Rf

Weave R, Rock recover x2

1-2 Step Rf to R side, cross Lf behind Rf
3-4 Step Rf to R side, cross Lf over Rf
5-6 Rock Rf to R side, recover onto Lf
7-8 Rock Rf to R side recover onto Lf

(On Rock steps lower hands down to waist level palms facing forwards and sway hands slightly in direction of rocks)

Weave L (starting with cross behind) Rock recover x2

1-2 Cross Rf behind Lf, step Lf to L side
3-4 Cross Rf over Lf, step Lf to L side
5-6 Rock Rf to R side, recover onto Lf
7-8 Rock Rf to R side, recover onto Lf

(On Rock steps lower hands down to waist level palms facing forwards and sway hands slightly in direction of rocks)

Cross Rock, Shuffle R, Cross Rock, Shuffle L

1-2 Cross rock Rf over Lf, recover onto Lf
3&4 Step Rf to R side, close Lf next to Rf, step Rf to R side
5-6 Cross rock Lf over Rf, recover onto Rf
7&8 Step Lf to L side, close Rf next to Lf, step Lf to L side

Cross, side, 1/4 turn R, touch L toe to side, Step Forward, 1/2 turn L, 1/2 turning Shuffle L

1-2 Cross Rf over Lf, step Lf to L side

3-4 Make a 1/4 turn R stepping back on Rf, touch L toe to L side

5-6 Step Forward on Lf, make a 1/2 turn L stepping back on Rf

7&8 Make a 1/4 turn L stepping Lf to L side, close Rf next to Lf, make a 1/4 turn L stepping forward on Lf

Enjoy this great music, and have fun with the steps!!!
