

The Best Thing

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosie Multari (USA) - February 2012
音樂: The Best Thing About Me Is You - Ricky Martin & Joss Stone



Alt. music:-

Lo Mejor De Mi Vida Eres Tu by Ricky Martin Ft. Natalia Jimenez

Ain't That A Kick In The Head by Dean Martin [130 bpm]

Eee-O 11 The Best Of The Rat Pack

The Best Is Yet To Come by Ella Fitzgerald

Friday Night by Lady Antebellum

Start dancing on lyrics

STEP TOUCHES, GRAPEVINE LEFT

1-4 Step left to side, cross/touch right over left, step right to side, cross/touch left over right
5-8 Step left to side, cross right behind left, step left to side, step right forward

ROCKING CHAIR, TURN 1/4, CROSS, TOUCH

9-10 Rock left forward, recover to right
11-12 Rock left back, recover to right
13-14 Step left forward, turn 1/4 right (weight to right) (3:00)
15-16 Cross left over right, touch right to side

CROSS TOUCH TWICE, ROCKING CHAIR

17-18 Cross right over left, touch left to side
19-20 Cross left over right, touch right to side
21-22 Rock right forward, recover to left
23-24 Rock right back, recover to left

TWO 1/4 TURNS, JAZZ BOX, BRUSH

25-26 Step right forward, turn 1/4 left (weight to left)
27-28 Step right forward, turn 1/4 left (weight to left) (9:00)
29-30 Cross right over left, step left back
31-32 Step right together, brush left forward

REPEAT
