

# Up to The Bigs

拍數: 64      牆數: 4      級數: Phrased Intermediate  
編舞者: Mark S. Oliver - February 2012  
音樂: I'm Shipping up to Boston - Dropkick Murphys & The Boston Pops Orchestra :  
(Album: The Red Sox)



Sequence: A,A,B,A,A,B,A,A,B,A

Dance begins of first beat of music approximately 3 seconds from beginning of track

## A – 32 counts

### Rock Forward, Recover, Coaster Step, Triple Step Forward, Pivot ½

1,2            Rock fwd on R, Recover on L  
3&4           Step back on R, Step L to Right, Step fwd on Right  
5&6           Step fwd on L, Step R together, Step fwd on L  
7,8           Step fwd on R, pivot ½ L stepping fwd on L (6:00)

### Rock Forward, Recover, Coaster Step, Triple Step Forward, Pivot ¼

1,2            Rock fwd on R, Recover on L  
3&4           Step back on R, Step L to Right, Step fwd on Right  
5&6           Step fwd on L, Step R together, Step fwd on L  
7,8           Step fwd on R, pivot ¼ turn left stepping on Left (3:00)

### Weave Left, Rock Left, Recover w/ ¼ Turn R, Triple ½

1,2            Cross R over L, Step L to Left  
3&4           Cross R behind L, Step L to Left, Cross R over L  
5,6           Rock L to Left, Recover to R while turning ¼ turn to Right (6:00)  
7&8           Turn ½ to Right stepping L,R,L moving back slightly (12:00)

### Rock Back, Recover, Kick, Kick, Sailor, Sailor ¼ Turn

1-2           Rock back on R, Recover on L  
3-4           Kick R fwd twice  
5&6           Step R behind L, Step L to Left, Step R to Right,  
7&8           Step L behind R, Step R to Right, Step L to Left while turning ¼ to Left (9:00)

## B – 32 counts

### Pivot ¼ Left, Cross, Side, Behind, Side, Cross, Rock Left Recover, Rock Back Recover (6:00)

1,2            Step R fwd, Pivot ¼ turn Left stepping on Left (3:00)  
3,4            Cross R over L, Step L to Left  
5&6           Step R Behind Left, Step L Left, Cross R Over Left  
&7&8          Rock L to Left, Recover to R, Rock L Back, Recover to R

### Rock, Recover, ¼ Turn, Touch, Point & Point & Point, Hitch, Cross

1,2            Rock fwd on Left, Recover on R  
3,4            Pivot ¼ Turn Left Stepping on Left, Touch R next to L (12:00)  
5&6&7&8      Point R slightly fwd, Step R next to L, Point L slightly fwd, Step L Next to R, Point R slightly fwd, Hitch Right knee, Step R across L (close to L)

(Keep L foot moving into count 5)

### Unwind ½, Step, Draw, Triple Fwd, Triple ½ Turn

1,2            Unwind ½ turn Left taking weight to L foot (6:00)  
3,4            Big Step fwd on R, Draw L to R (no weight on L)(Keep L foot moving into count 5)  
5&6           Step fwd on L, Step R Next to L, Step fwd on L  
7&8           Turn ½ to Left stepping R, L, R (12:00)

**Rock, Recover, Kick, Kick, Paddle ½ Turn, Step**

1,2                Rock back on L, Recover on R  
3,4                Kick L forward across body, Kick L forward across body  
5&6&7&           Paddle ½ Turn to Right stepping L,R,L,R,L,R  
8                    Step L fwd (6:00)

**Ending**

**Dance part A through 28 counts. Stay with the beat doing the two sailor steps as music slows. As crescendo starts, step R to Right and cross Left foot over Right and count 4 counts. Unwind Right over 6 counts to face 12:00 slowly raising arms up to finish at front.**

---