

Samba On The Beach

拍數: 32 牆數: 2 級數: Improver
編舞者: Gaye Teather (UK) - February 2012
音樂: Party On The Beach - Cole's Country



This track is available for FREE download.
Please visit www.coles-country.com - Or www.gayeteather.com

Intro: 16 counts from start of heavy beat. Start on the word "Walking"

Walk. Walk. Kick-ball-cross. Right side rock & cross. Left side rock & cross

1 – 2 Walk forward Right. Left
3&4 Kick Right forward. Step Right beside Left. Cross Left over Right
5&6 Rock Right to Right side. Recover onto Left. Cross Right over Left
7&8 Rock Left to Left side. Recover onto Right. Cross Left over Right

Sway. Sway. Sailor step quarter turn Right. Forward rock. Coaster cross

1 - 2 Step Right to Right side swaying hips Right. Sway hips Left
3&4 Quarter turn Right crossing Right behind Left. Step Left to Left. Step forward on Right (3 o'clock)
5 – 6 Rock forward on Left. Recover onto Right
7&8 Step back on Left. Step Right beside Left. Cross Left over Right

Side. Cross. Side. Cross. Side. Cross. Point. Right cross Samba. Left cross shuffle

&1 Small step Right to Right side. Cross Left over Right
&2 Small step Right to Right side. Cross Left over Right
&3 - 4 Small step Right to Right side. Cross Left over Right. Point Right toe to Right side
5&6 Cross Right over Left. Rock Left to Left side. Recover onto Right
7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right

Sway. Sway. Quarter turn Right sway. Sway. Back Right lock step. Left coaster step

1 – 2 Step Right to Right side swaying hips Right. Sway hips Left
3 – 4 Pivot quarter turn Right swaying hips Right. Sway hips Left (6 o'clock)
5&6 Step back on Right. Lock Left over Right. Step back on Right
7&8 Step back on Left. Step Right beside Left. Step forward on Left

Start again

Tags: These occur at the end of walls 2, 4 & 6, i.e. every time you return to the front wall and comprise 16 easy steps as follows:-

Step. Paddle quarter turn Left x 2. Right forward Mambo. Left back Mambo

1 – 4 Step forward on Right. Pivot quarter turn Left. Step forward on Right. Pivot quarter turn Left
5&6 Rock forward on Right. Recover onto Left. Step back on Right
7&8 Rock back on Left. Recover onto Right. Step forward on Left

9 – 16 Repeat above 8 counts to bring you back to front wall to continue dance from beginning