Dharmakaya Buddha

級數: Beginner

編舞者: Tina Chen Sue-Huei (TW) - February 2012

音樂: Dharmakaya Buddha - Male Chorus

Start on vocals.

拍數: 32

(1-8) ROCK RIGHT, RECOVER, CROSS, HOLD, SIDE, BEHIND, SIDE, CROSS

- Rock RF to right side, recover on LF, cross RF over LF, hold 1-2-3-4
- 5-6-7-8 Step LF to left side, cross RF behind LF, step LF to left side, cross RF over LF

(9-16)ROCK LEFT, RECOVER, CROSS, HOLD, SIDE, BEHIND, SIDE, RECOVER

- 1-2-3-4 Rock LF to left side, recover on RF, Cross LF over RF, hold
- 5-6-7-8 Step RF to right side, cross LF behind RF, step RF to right side, recover on LF

(17-24)FWD, POINT, FWD, POINT, 1/2 TURN RIGHT JAZZ BOX

- Step RF forward, point LF to left side, step LF forward, point RF to right side 1-2-3-4
- 5-6-7-8 Cross RF over LF, step back on LF, make 1/2 turn right stepping RF forward, step LF over to RF (6:00)

(25-32) FWD, POINT, FWD, POINT, 1/4 TURN RIGHT JAZZ BOX

- 1-2-3-4 Step RF forward, point LF to left side, step LF forward, point RF to right side
- Cross RF over LF, step back on LF, make 1/4 right turn stepping RF forward, step LF over 5-6-7-8 RF (9:00)

Enjoy It!

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牆數: 4