

# I Was Good

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Britt Christoffersen (DK) - January 2012  
音樂: As Good As I Once Was - Toby Keith : (CD: Honkytonk University)



16 count intro. (2 x 8)

## S1: Left Side Toestrut, Cross Toestrut, Side Rock, Behind Side Cross

1, 2, 3, 4      Step L toe to L, drop L heel down, Cross R toe over L, Drop R heel down  
5, 6, 7 & 8      Rock L to L side, Recover R, Step L behind R, Step R to R side, Cross L over R

## S2: Right Side Toestrut, Cross Toestrut, Side Rock, Behind Side Cross

1, 2, 3, 4      Step R toe to R, Drop R heel down, Cross L toe over R, Drop L heel down  
5, 6, 7 & 8      Rock R to R side, Recover L, Step R behind L, Step L to L side, Cross R over L

## S3: Kickball Cross, Side Touch, Kickball Cross, Side Touch

1 & 2      Kick L to L diagonal, Step in place with L, Cross R over L  
3, 4      Step L to L Side, Touch R next to L  
5 & 6      Kick R to R diagonal, Step in place with R, Cross L over R  
7, 8      Step R To R Side, Touch L Next To R

## S4: Left Chasse, Sailor ½, Heelstrut x 2

1 & 2      Step L to L Side, Step R beside L, Step L to L Side  
3 & 4      Cross (sweep) R behind L making ½ turn R, Step L next to R, stepping forward on R.  
5, 6, 7, 8      Step L heel forward. Drop L toe taking weight, Step R heel forward. Drop R toe taking weight

## S5: 2 x ¼ Monterey turn

1, 2, 3, 4      Point L toe to L side, Make ¼ turn on ball R, Stepping L beside R Point R toe to R side, Step R beside L  
5, 6, 7, 8      Point L toe to L side, Make ¼ turn on ball R, Stepping L beside R Point R toe to R side, Touch R beside L

## S6: Right Chasse ¼ Left, Backrock, Left Shuffle Fw, Rockstep

1 & 2, 3, 4      Step R to R side. Close L beside R. Step R 1/4 turn R. Rock back on L. Rock forward onto R  
5 & 6, 7, 8      Step L forward, Step R beside L, Step L forward, Rock forward on R Recover on L

## S7: Right Shuffle Back, Coasterstep, Step Fw Kick, Back Touch

1 & 2      Step R back, Step L beside R, Step R back  
3 & 4      Step back on L, Step R next to L, Step forward on L  
5, 6, 7, 8      Step R forward, Kick L forward, Step L Back Touch Right beside L

## S8: Right Chasse Cross Unwind, Right Shuffle Fw, Step Turn

1 & 2      Step R to R side. Close L beside R. Step R to R side  
3, 4      Cross L over R. Unwind ½ turn R. (weight on left)  
5 & 6, 7, 8      Step forward on R, Step L next To R, Step forward on R, Step forward on L, Turn ½ R stepping onto R

## 1st. Tag - End of wall 1 (9:00) Left Rocking Chair

1, 2, 3, 4      Rock Forward On Left, Recover Onto Right, Rock Left Back, Recover Onto Right

Restart On wall 3 (6:00) after 16 count

2nd.Tag - End of wall 4 (3:00) : Left Rocking Chair

1, 2, 3, 4      Rock Forward On Left, Recover Onto Right, Rock Left Back, Recover Onto Right

**3rd. Tag - On wall 6 after 28 count (6:00): Figure 8, Touch, Then Restart**

1, 2, 3      Step Left to Left side, Cross Right behind Left, Step Left 1/4 turn Left

4, 5      Step forward Right, Pivot 1/2 turns Left shifting weight to Left foot

6, 7, 8      On ball of Left make 1/4 turns Left, stepping Right to Right side, Cross Left behind Right,  
Step Right to Right side

9      Touch Left beside Right. Then Restart (on the word "Once")

**Ending On wall 8, After 36 counts (9:00)**

1, 2, 3, 4      Do Left Heel strut, Right 1/4 Heel strut (12:00)

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