

Gonna Fly

拍數: 48 牆數: 2 級數: Advanced
編舞者: Jonathan Williamson (UK) - February 2012
音樂: You Gonna Fly - Keith Urban



Start Dance 48 counts from beginning of track.

TOE HEEL CROSS, COASTER STEP, FORWARD SHUFFLE, ROCK ¼ CROSS

1&2 Touch right toe forward, touch right heel forward, cross right over left
3&4 Step back left, step right besides left, step forward left
5&6 Step forward right, step left besides right, step forward right
7&8 Rock forward left, ¼ turn right, cross left over right

SIDE ROCK, BEHIND, SIDE, CROSS, SIDE, BEHIND, ¼ STEP, MAMBO ½ TURN, ½ TURN X 2

1&2& Rock right to right side, recover weight back on left, step right behind left, step left to left side
3&4& Cross right over left, step left to left side, step right behind left, ¼ turn left stepping forward left
5&6 Rock forward right, recover weight back on left, ½ turn right stepping forward right
7-8 ½ turn right stepping back left, ½ turn right stepping forward right

MAMBO, SAILOR ¼ TURN, SHUFFLE, STEP ¼ TURN

1&2 Rock forward left, recover weight back on right, step back left
3&4 (Sweeping right leg) ¼ turn right stepping back right, step left besides right, step forward right
5&6 Step forward left, step right besides left, step forward left
7-8 Step forward right, ¼ turn left (weight on left)

CROSS, ¼, ¼, CROSS, SIDE MAMBO X2

1-2 Cross right over left, ¼ turn left stepping back left
3-4 ¼ turn left stepping tight to right side, cross left over right
5&6 Rock right to right side, recover weight back on left, step right next to left
7&8 Rock left to left side, recover weight back on right, step left besides right

Restart here wall 2.

Repeat steps 28-32 (4 count tag) and restart here wall 3

FORWARD ROCK, TRIPPLE FULL TURN, STEP ¼, CROSS SHUFFLE

1-2 Rock forward on right. Rock back onto left, making 1/2 turn right
3&4 Triple step full turn right, stepping - Right, Left, Right, travelling forward.
5-6 Step forward left, ¼ turn right putting weight on right
7&8 Cross left over right, step right to right side, cross left over right

SIDE ROCK, BEHIND SIDE STEP, KICK BALL POINT, BACK MAMBO, POINT

1-2 Rock right to right side, recover weight back on left
3&4 Step right behind left, step left to left side, step forward right
5&6 Kick left forward, step left besides right, point right to right side
7&8 Rock back right, recover weight back on left, touch right to right side

Restarts:

Wall 2 - restart after step 32.

Wall 3 - after step 32, repeat steps 28-32 and restart dance.

Wall 5 - restart after step 22

If you want to make the dance easier, you can remove the full turns as follows;

Steps 15 & 16 become - Walk forward left, right

Steps 35 & 36 becomes a right forward shuffle

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