

Good Ol Fashioned Rumba

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner rumba
編舞者: Helen Woods (USA) - January 2012
音樂: Good Ol Fashioned Love - The Overtones : (CD: Good Ol' Fashioned Love)



Music Available at:- <http://www.theovertones.tv>

32 count intro - Rhythm is QQS throughout

RUMBA BOX

1-4 Step right to side, step left together, step right back, hold
5-8 Step left to side, step right together, step left forward, hold

CHASSE RIGHT, HOLD, CROSS ROCK, RECOVER, TURN ¼, HOLD

1-4 Step right to side, step left together, step right to side, hold
5-8 Cross left over right, recover to right, turn ¼ left stepping left forward

STEP, PIVOT, CROSS, HOLD, SCISSOR, HOLD

1-4 Step right forward, pivot ¼ left, cross right over left, hold
5-8 Step left to side, step right together, cross left over right, hold

WALK AROUND, HOLD, SWAY, SWAY, SWAY, HOLD

1-4 Turn ¼ right stepping right forward, turn ¼ right stepping left forward, turn ¼ right stepping right forward, hold
5-8 Step left to side swaying hips left, right, left, hold

REPEAT
