

For The Good Times

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate Cha Cha
編舞者: Evelyn Khinoo (USA) - January 2012
音樂: For The Good Times - Bouke : (Album: For The Good Times - 3:13)



Start: □ 16 counts from the first note; 1 tag/restart during wall 5

A. SIDE, BACK ROCK, RECOVER, ¼ R w/BACK LOCK STEP, BACK ROCK, FORWARD ROCK, ¼ R SHUFFLE

1-2-3 Step R to R side, rock L behind R, recover onto R
4&5 Turn ¼ R and step back on L, cross (lock) R over L, step L back (3 o'clock)
6-7 Rock R back, recover forward on L
8&1 Shuffle forward into ¼ R turn: step R forward starting ¼ R turn, step L next to R Continuing with turn (&), step R forward finishing ¼ R turn □ (6 o'clock)

B. SIDE, HOLD, BALL CROSS & CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS

2-3 Step L to L side, hold (weight mostly on R)
&4&5 Step L next to R, cross R over L, step L to L side, cross R in front of L [tag/restart--see below]
6-7 Rock L forward at L diagonal recover back onto R
8&1 Cross L behind R, step R to R side, cross rock L over R

C. RECOVER BACK, SIDE, CROSS, SIDE ROCK, CROSS, ¼ L, ½ L SHUFFLE

2-3 Recover back onto R, step L to L side
4&5 Cross R over L traveling slightly forward, step L to L side, rock onto R (6 o'clock)
6-7 Cross L in front of R, step R into ¼ L and step R back
8&1 Shuffle into ½ L turn: step L into ¼ L, step R next to L (&), step L into ¼ L (9 o'clock)

D. ¼ SIDE, TOUCH, ROCK, ROCK w/HITCH, SIDE, ROCK BACK, RECOVER, SIDE TOGETHER

2-3 Step R into ¼ L and step to R side, touch L next to R □ (6 o'clock)
4&5 Rock L to L side, rock onto R and hitch left knee slightly (&), step L to L side (long step)
6-7 Rock R behind L, recover onto L
8& Step R to R side, step L next to R (&) (starting side shuffle into beginning of dance)

Section D: Optional steps on walls 2, 4, 7, 9--in place of counts 6 and 7, drag R toward L (6), flick R behind L (7), or just continue to drag on count 7.

The steps will hit the break in the music. Continue with 8& into the beginning of the dance.

Tag/Restart: During wall 5 in Section B, complete counts 1-5 then: □

6-7 Step L to L side, touch R next to L
8& Step R to R, step L next to R (&), then restart facing the back wall (will now be at wall 6)

Ending: You'll be facing the back wall at the beginning of wall 10.

Finish Section B, slowing down on counts 6, 7, 8 & 1.

You'll be facing the front wall with L crossed over the R. Pose if you wish.

Contact: ; 650-325-6913, Menlo Park, CA, USA