

Magic Moves

拍數: 32 牆數: 4 級數: Improver
編舞者: Roz Morgan (USA) - January 2012
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



Begin after 32 counts as singing begins

TOE HEEL, TRIPLE STEP, TOE HEEL, TRIPLE STEP

1,2 Touch right toe to instep of left foot, touch right heel slightly to right
3&4 Triple right, left, right, in place
5,6 Touch left toe to instep of right foot, touch left heel slightly to left
7&8 Triple left, right, left, in place

ROCK, RECOVER, TRIPLE ½ TO RIGHT, TRIPLE ½ TO RIGHT (full turn), ROCK, RECOVER

1,2 Rock forward on right foot, recover back on left foot
3&4 Triple right, left, right ½ turn to right
5&6 Triple left, right, left ½ turn to right (back to 12 o'clock)
7,8 Rock back on right foot, recover forward on left foot

HIP BUMPS, HIP BUMPS, ROCK FORWARD, RECOVER, ROCK BACK, RECOVER (rocking chair)

1&2 Step right foot forward as you bump right hip forward, back, forward
3&4 Step left foot forward as you bump left hip forward, back, forward
5,6 Rock forward on right foot, recover on left foot
7,8 Rock back on right foot, recover on left foot

BIG STEP, DRAG TOUCH, TURN LEFT, TOUCH, KICK BALL CHANGES

1,2 Big step to right on right foot, drag left toe to touch next to right
3,4 Turn ¼ left on left foot, touch right foot next to left
5&6 Kick right foot forward, step on right foot, change weight to left foot (step on left foot)
7&8 Repeat

REPEAT UNTIL SONG ENDS

4 Count Tag after 10th wall (facing 6 o'clock): WALKS FORWARD, WALKS BACK (small steps)

1,2 Walk right forward, walk left forward
3,4 Walk right back, walk left back next to right

Dance will end on front wall with first 8 counts.