Gettin' On In Memphis



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Earleen Wolford (USA) - January 2012

音樂: Gettin' On In Memphis (The Elvis Song) - Jill Jack : (CD: Moon & the Morning

After)



Music available at www.jilljack.com.

16 count intro, begin on vocals,

Other music: 'Love can move Mountains' by Celine Dion, available on Itunes

[1-8] R MAMBO, L MAMBO, ½ TURN L, BIG STEP R w/L drag, TOUCH L NEXT TO R

1&2	Mambo step R forward (1), Slightly lift L up/down (&), Step R next to L (2)
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3&4 Mambo step L back (3), Slightly lift R up/down (&), Step L next to R (4) (L takes weight)

5, 6 Step R forward (5), ½ privot turn L (6)

7, 8 Step big step to R while dragging L toe (7), Touch L next to R (8)

[9-16] WEAVE L, TOUCH/CROSS R OVER L HOLD, 1/4 TURN L, ELVIS KNEES - R, L, R, L, R

9,10&11 Step L to L (9), Cross R behind L (10), Step L to L (&), Touch/cross R toe in front of L Hold

(11)

12 Pivot ¼ turn L

13, 14 R knee in while lifting R heel up/down (13), L knee in while lifting L heel up/down (14) (L

takes weight) Note: these are your single Elvis knees R,L

15&16 R knee in while lifting R heel up/down (15), L knee in while lifting L heel up/down (&), R knee

in while lifting R heel up/down (16) (L takes weight) Note: these again are Elvis knees little

quicker R, L, R

[17-24] ROCK R FORWARD & BACK, 2 ½ TURNS L, ¼ TURN L, POINT R TO R HOLD

17, 18	Step rock R forward (17), Recover on L (18)
19 20	Sten rock R back (19) Recover on L (20)

21, 22 ½ turn L stepping back on R (21), ½ turn L stepping R forward (22)

23, 24 ½ turn L while privoting on L (23), Point R to R Hold (24)

[25-32] JAZZ BOX, KICK R FORWARD, POINT/TOUCH L TO L, SWEEP 1/4 TURN L, STEP L FORWARD

25-28 Cross R over R (25), Step L to L (26), Step R to center (27), Step L next to R (28)

29&30 Kick R forward (29), Step R to center (&), Point/touch L to L (30)

31 Sweep L, turning ¼ L

32 Step small slightly L forward

Begin again!

Have fun with 'Gettin' on in Memphis'! or any good music that makes you want to move, just dance!! "GOTTADANCE"!!