

Bear Valley Shuffle

COPPER KNOB
BY STEPSHEETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Lora Schrock - January 2012
音樂: Mickey - Toni Basil



-
- 1-4 step right heel forward then back in place, step left heel forward then back in place
- 5-8 right toe strut then right foot in place, left toe strut then left foot in place
- 9-16 right step forward then left lock behind, right step forward then scuff left, left step forward then right lock behind, left step forward then scuff right
- 17-20 step right back on diagonal, touch left beside right, step left back on diagonal, touch right beside left
- 21-24 repeat steps 17-20
- 25-28 step right forward rock, then recover on left, shuffle V2 turn right, left, right
- 29-32 step left foot forward and tap heels 4 counts
- 33-36 pivot ¼ turn to left on ball of left foot then step right foot in place while doing hip bumps, right, left, right, left
- 37-38 pivot ¼ turn to right on ball of left foot then back shuffle right, left, right
- 39-40 pivot ¼ turn to left on ball of right foot then side shuffle left right, left

REPEAT ABOVE STEPS THROUGH 4 WALLS, BEGIN TAG ON 5TH WALL

Tag - 16 counts on 2 walls, + 8 count full turn (40 counts total)

- 1-8 4 shuffles forward beginning with right foot
- 9-16 3 shuffles back beginning with right foot, then ½ turn shuffle left,right,left
- 17-32 repeat steps 1-16
- 1-8 paddle turn each wall by pivoting with left foot and stepping with right

Begin Dance Again At Wall 1
