

Stay Together

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Tony Myers (UK) - January 2012
音樂: Let's Stay Together - Seal



16 count intro

Stamp, Kick: Coaster Step: Touch Front, Side: Cross Shuffle

1, 2 Stamp left foot down (1) Kick left forward (2)
3&4 Step back on left (3) Step right with left (&) Step forward on left (4)
5, 6 Touch right in front of left (5) Touch right to right side (6)
7&8 Cross right over left (7) Step left to side (&) Cross right over left (8)

Stamp, Kick: Sailor Turn: Rock Right Forward & Side: Behind, Side, Cross

1, 2 Stamp left foot down (1) Kick left forward (2)
3&4 Step left behind right (3) Turn ¼ left stepping back on right (&) Turn ¼ left stepping left to side (4) (6:00)
5&6& Rock right across left (5) Recover weight on left (&) Rock right to right side (6) Recover weight on left (&)
7&8 Step right behind left (7) Step left to side (&) Cross right over left (8)

Stamp, Kick: Triple Turn: Step, Turn: Side Chasse

1, 2 Stamp left foot down (1) Kick left forward (2)
3&4 Turn ¼ left step forward on left (3) Turn ½ left step back on right (&) Turn ½ left step forward on left (4) (3:00)(E.O ¼ shuffle L)
5, 6 Step forward on right (5) Pivot ½ turn left (weight on left) (6) (9:00)
7&8 Step right to side (7) Step left with right (&) Step right to side (8)

Stamp, Kick: Step, Lock, Step Back: Sway R, L: Kick, Out, Out

1, 2 Stamp left foot down (1) Kick left forward (2)
3&4 Step back on left (3) Cross right over left (&) Step back on left (4)
5, 6 Step right to side swaying right (5) Sway back on left (6)
7&8 Kick right forward (7) Step to right side on right (&) Step out to left side on left (8)

Stamp, Kick: Side, Together, Cross: Back, Turn: Cross Rock & Step

1, 2 Stamp right foot down (1) Kick right forward (2)
3&4 Step right to side (3) Step left next to right (&) Cross right over left (4)
5, 6 Step back on left (5) Turn ¼ right stepping right to side (6) (12:00)
7&8 Rock left over right (7) Recover weight on right (&) Step left to left side (8)

Stamp, Kick: Side, Together, Forward: Rock Forward, Recover: Back, Turn, Side Step

1, 2 Stamp right foot down (1) Kick right forward (2)
3&4 Step right to side (3) Step left with right (&) Step forward on right (4)
5, 6 Rock forward on left (5) Recover on right (6)
7&8 Step back on left (7) Turn ¼ right stepping right to side (&) Step forward on left (8) (3:00)

Stamp, Kick: Point & Point: Touch & Touch &: ½ Turn Shuffle

1, 2 Stamp right foot down (1) Kick right forward (2)
3&4 Point right to side (3) Step right with left (&) Point left to side (4)
5&6& Touch left toe forward (5) Step left with right (&) Touch right toe forward (6) Step right with left (&)
7&8 Turn ¼ left forward on left (7) Step right with left (&) Turn ¼ left forward on left (8) (9:00)

Stamp, Kick: Cross, Turn, Cross: Step Back, Turn: Step, Turn, Sweep

- 1, 2 Stamp right foot down (1) Kick right forward (2)
3&4 Cross right over left (3) Turn $\frac{1}{4}$ left stepping back on left (&) Cross right over left (4) (6:00)
5, 6 Step back on left (5) Turn $\frac{1}{2}$ right stepping forward on right (6) (12:00)
7&8 Step forward on left (7) Pivot $\frac{1}{2}$ turn right (&) On ball of right turn $\frac{1}{4}$ right sweeping left round to front (8) (9:00)

Smile, have fun.

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