

# Stay Together

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Tony Myers (UK) - January 2012  
音樂: Let's Stay Together - Seal



## 16 count intro

### Stamp, Kick: Coaster Step: Touch Front, Side: Cross Shuffle

1, 2      Stamp left foot down (1) Kick left forward (2)  
3&4      Step back on left (3) Step right with left (&) Step forward on left (4)  
5, 6      Touch right in front of left (5) Touch right to right side (6)  
7&8      Cross right over left (7) Step left to side (&) Cross right over left (8)

### Stamp, Kick: Sailor Turn: Rock Right Forward & Side: Behind, Side, Cross

1, 2      Stamp left foot down (1) Kick left forward (2)  
3&4      Step left behind right (3) Turn ¼ left stepping back on right (&) Turn ¼ left stepping left to side (4) (6:00)  
5&6&      Rock right across left (5) Recover weight on left (&) Rock right to right side (6) Recover weight on left (&)  
7&8      Step right behind left (7) Step left to side (&) Cross right over left (8)

### Stamp, Kick: Triple Turn: Step, Turn: Side Chasse

1, 2      Stamp left foot down (1) Kick left forward (2)  
3&4      Turn ¼ left step forward on left (3) Turn ½ left step back on right (&) Turn ½ left step forward on left (4) (3:00)(E.O ¼ shuffle L)  
5, 6      Step forward on right (5) Pivot ½ turn left (weight on left) (6) (9:00)  
7&8      Step right to side (7) Step left with right (&) Step right to side (8)

### Stamp, Kick: Step, Lock, Step Back: Sway R, L: Kick, Out, Out

1, 2      Stamp left foot down (1) Kick left forward (2)  
3&4      Step back on left (3) Cross right over left (&) Step back on left (4)  
5, 6      Step right to side swaying right (5) Sway back on left (6)  
7&8      Kick right forward (7) Step to right side on right (&) Step out to left side on left (8)

### Stamp, Kick: Side, Together, Cross: Back, Turn: Cross Rock & Step

1, 2      Stamp right foot down (1) Kick right forward (2)  
3&4      Step right to side (3) Step left next to right (&) Cross right over left (4)  
5, 6      Step back on left (5) Turn ¼ right stepping right to side (6) (12:00)  
7&8      Rock left over right (7) Recover weight on right (&) Step left to left side (8)

### Stamp, Kick: Side, Together, Forward: Rock Forward, Recover: Back, Turn, Side Step

1, 2      Stamp right foot down (1) Kick right forward (2)  
3&4      Step right to side (3) Step left with right (&) Step forward on right (4)  
5, 6      Rock forward on left (5) Recover on right (6)  
7&8      Step back on left (7) Turn ¼ right stepping right to side (&) Step forward on left (8) (3:00)

### Stamp, Kick: Point & Point: Touch & Touch &: ½ Turn Shuffle

1, 2      Stamp right foot down (1) Kick right forward (2)  
3&4      Point right to side (3) Step right with left (&) Point left to side (4)  
5&6&      Touch left toe forward (5) Step left with right (&) Touch right toe forward (6) Step right with left (&)  
7&8      Turn ¼ left forward on left (7) Step right with left (&) Turn ¼ left forward on left (8) (9:00)

**Stamp, Kick: Cross, Turn, Cross: Step Back, Turn: Step, Turn, Sweep**

- 1, 2            Stamp right foot down (1) Kick right forward (2)  
3&4            Cross right over left (3) Turn  $\frac{1}{4}$  left stepping back on left (&) Cross right over left (4) (6:00)  
5, 6            Step back on left (5) Turn  $\frac{1}{2}$  right stepping forward on right (6) (12:00)  
7&8            Step forward on left (7) Pivot  $\frac{1}{2}$  turn right (&) On ball of right turn  $\frac{1}{4}$  right sweeping left round  
to front (8) (9:00)

**Smile, have fun.**

**Contact: [tonymyers@live.co.uk](mailto:tonymyers@live.co.uk)**

---