Love Potion No. 9

級數: Improver

編舞者: Totoy Pinoy (USA) - January 2012

音樂: Love Potion #9 - Hansel Martinez : (CD: Steppin' Country Vol. 2)

Intro: start dance on the word: "ooh"

拍數: 76

FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

- 1-2 Rock left forward, recover to right
- 3&4 Chassé back left, right, left
- 5-6 Rock right back, recover to left
- 7&8 Chassé forward right, left, right
- 9-16 Repeat 1-8

FORWARD STEP, TWIST, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

- 1 Step left forward
- 2-3-4 Twist right, left, right (on balls of feet with knees slightly bent)
- 5&6 Chassé back left, right, left
- 7-8 Rock right back, recover to left
- 9&10 Chassé forward right, left, right

FORWARD STEP, TWIST, SHUFFLE BACK, BACK ROCK

- 1 Step left forward
- 2-3-4 Twist right, left, right (on balls of feet with knees slightly bent)
- 5&6 Chassé back left, right, left
- 7-8 Rock right back, recover to left

SHUFFLE SIDE, BACK ROCK

- 1&2 Chasse to right stepping right, left, right
- 3-4 Rock left back, recover to right
- 5&6 Chassé side left, right, left
- 7-8 Rock right back, recover to left
- 9-16 Repeat 1-8

SHUFFLE FORWARD, STEP-TURN

- 1&2 Chasse forward stepping right, left, right
- 3&4 Chasse forward stepping left, right, left
- 5&6 Chasse forward stepping right, left, right
- 7-8 Step left forward, turn 1/2 right (weight to right)
- 9-16 Repeat 1-8 with opposite footwork and direction

SHUFFLE FORWARD, PADDLE TURNS

- 1&2 Chasse forward stepping right, left, right
- 3-4 Step left forward, turn 1/4 right (weight to right)
- 5-6 Step left forward, turn 1/4 right (weight to right)
- 7-8 Step left forward, turn 1/4 right (weight to right)
- 9-10 Step left forward, turn 1/4 right (weight to right)

REPEAT

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牆數:1