

You

拍數: 32 牆數: 4 級數: Improver
編舞者: Kathy Heller (USA) - January 2012
音樂: You - Chris Young : (CD: Neon)



Start: 16 count intro – start on lyrics

[1-8] SIDE ROCK, CROSS SHUFFLES 2X

1-2, 3&4 Rock right to side right, return weight on left, cross shuffle (RLR)
5-6, 7&8 Rock left to side left, return weight on right, cross shuffle (LRL) (12:00)

[9-16] ¼ TURN LEFT STEP BACK RIGHT, LEFT, SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

1-2, 3&4 Turning ¼ left, step back on right, step back on left, shuffle back RLR (9:00)
5-6, 7&8 Rock back on left, return weight on right, shuffle forward (LRL)

[17-24] ROCK STEP, ½ TURN SHUFFLE, STEP HOOK ½ TURN, SHUFFLE FORWARD

1-2, 3&4 Rock forward on right, return weight on left, ½ turn shuffle right (3:00)
5-6, 7&8 Step forward on left, pivoting ½ turn right hook right over left, shuffle forward (RLR) (9:00)

[25-32] ROCKING CHAIR, STEP PIVOT ½ RIGHT, SHUFFLE FORWARD

1-4 Step forward on left, return weight on right, step back on left, return weight on right
5-6, 7&8 Step forward on left, pivot ½ turn right, shuffle forward (LRL) (3:00)

REPEAT

RESTART: On wall 3 (back wall), dance the first 16 counts (you will now be facing 3:00) and restart the dance.

TAG & RESTART: On wall 6 (9:00) dance up to count 24 (you will now be facing the back wall). 4-count tag: Step forward on left, pivot ½ turn right, step forward on left, hold for 1 count. Restart the dance at 12:00.

You should finish the dance at 12:00.
