

This Old Boy

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Kathy Hunyadi (USA) - January 2012
音樂: This Ole Boy - Craig Morgan : (Single)



Dance starts with vocals.

[1-8] RIGHT SHUFFLE, LEFT ROCK, LEFT SHUFFLE, RIGHT ROCK

1&2 Step R to side, Step L beside R, Step R to side
3,4 Rock L behind R, Step R in place
5&6 Step L to side, Step R beside L, Step L to side
7,8 Rock R behind L, Step L in place

[9-16] STEP, TOUCH; STEP, TOUCH; STEP, STEP, HEEL SWIVELS INTO 1/4 TURN RIGHT

1,2 Step forward on R foot at 45 degree angle, touch L toes next to R foot
3,4 Step back on L foot at 45 degree angle, touch R foot next to L
5,6 Step forward on R foot at 45 degree angle, step L foot together with R
7&8 Twist both heels left, Twist both heels right (home), Twist both heels left into 1/4 turn right
(weight on L)

[17-24] GRAPEVINE RIGHT, TOUCH; GRAPEVINE LEFT, 1/4 TURN LEFT, TOUCH

1,2 Step to right on R foot, cross step L foot behind R
3,4 Step to right on R foot, Touch L beside R
5,6 Step to left on L foot, cross step R foot behind L
7,8 Turn 1/4 left stepping L forward, Touch R beside L

[25-32] RIGHT SHUFFLE, RIGHT 1/2 TURN, LEFT SHUFFLE, KICK BALL CHANGE, LEFT 1/4 TURN

1,&,2 Shuffle side right R, L, R; Turn 1/2 to right pivoting on ball of R foot
3,&,4 Shuffle side left L, R, L
5,&,6 Kick R foot forward, step on ball of R foot, step L foot in place
7,8 Step forward on R foot, turn 1/4 to left on ball of R foot, step L foot in place

***TAG: Towards the end of the song at approximately 3:12 the music slows down.**

You will just have completed the Step Touches into Heel swivels.

1-8 Cross R over L tightly to do a full cross unwind slowly over 8 counts
9-12 Touch R to side, Together, Touch L to side, Together.

Then Continue with Grapevine pattern and continue with dance until song ends!