

Ai Se

拍數: 80 牆數: 1 級數: Beginner / Improver
編舞者: José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - January 2012
音樂: Ai Se Eu Te Pego! - Michel Teló



Intro : 48 counts - Phrasing : A, B, C, A, B, C, B, C

Part A – 32 counts

Mambo forward R, mambo backward L, 1/2 turn L, shuffle forward L

1&2 Rf rock forward, recover onto Lf, Rf step next to Lf
3&4 Lf rock backward, recover onto Rf, Lf step next to Rf
5&6 Rf step forward, make 1/2 turn L, Rf step forward (6 o'clock)
7&8 Lf step forward, Rf step next to Lf, Lf step forward

Paddle 4X with 1/2 turn L, cross mambo R/L

1& Rf touch to right side whilst making 1/8 turn left, hitch right knee
2& Repeat
3& Repeat
4& Repeat (12 o'clock)
5&6 Rf rock in front of Lf, recover onto Lf, Rf step to right
7&8 Lf rock in front of Rf, recover onto Rf, Lf step to left

Turning shuffles R/L to left, rock/recover, shuffle R with 1/4 turn R

& Make 1/2 turn left on Lf (6 o'clock)
1&2 Rf step to right, Lf step next to Rf, Rf step to right
& Make 1/2 turn left on Rf (12 o'clock)
3&4 Lf step to left, Rf step next to Lf, Lf step to left
5,6 Rf rock in front of Lf, recover onto Lf
7&8 Rf step to right, Lf step next to Rf, make 1/4 turn right whilst stepping Rf forward(3o'clock)

Rocking chair L, jazz box with 1/4 turn L

1,2 Lf rock forward, recover onto Rf
3,4 Lf rock backward, recover onto Rf
5,6 Lf cross in front of Rf, make 1/4 turn left whilst stepping Rf backward
7,8 Lf step to left, Rf step forward (12 o'clock)

Part B – 32 counts

Touches with hold (2X), 1/2 turn L, walk R/L with shimmies

1,2& Lf touch to left, hold, Lf step next to Rf
3,4 Rf touch to right, hold
5,6 Rf step forward, make 1/2 turn left (6o'clock)
7,8 Walk forward R/L (optional: shimmies)

Out/out with arm movements (2X), hold

1,2 Rf step out to right, Lf step out to left

Arm movements : 1 RH forward, 2 LH forward

3 pull both hands to sides of waist
4,5 repeat count 1,2 with arms
6,7 Repeat count 3 twice
8 Hold

Counts 17-32, repeat counts 1-16, end to 12 o'clock

Part C – 16 counts

Sway R/L, shuffle to R, sway L/R, shuffle to L

1,2 Sway R/L
3&4 Rf step to right, Lf step next to Rf, Rf step to right
5,6 Sway L/R
7&8 Lf step to left, Rf step next to Lf, Lf step to left

Shuffles R/L/R/L in a box

& make 1/4 turn left
1&2 Rf step to right, Lf step next to Rf, Rf step to right (9o'clock)
& make 1/4 turn left
3&4 Lf step to left, Rf step next to Lf, Lf step to left (6 o'clock)
& make 1/4 turn left
5&6 Rf step to right, Lf step next to Rf, Rf step to right (3o'clock)
& make 1/4 turn left
7&8 Lf step to left, Rf step next to Lf, Lf step to left (12 o'clock)

Ps. Dance can be danced in contra as well!!!!

Have fun!!!!
