

Hi-A-Ma ... Little

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Anita Koefoed (DK) - January 2012
音樂: Hi-A-Ma (Pata Pata) (feat. Miriam Makeba & Jungle Brothers) - Milk & Sugar :
(CD: Bravo Hits Vol 74)



Note: This is a beginner floor-split to Rachael McEnaney's dance Hi-A-Ma Cha.

16 count intro

R: Side together, side touch, side kick, side touch.

1 - 4 Step R to right side (1), L beside right (2), R to right side (3), touch L beside R (4)

5 - 8 Step L to left side (5), R kick (6), R to right side (7), touch L beside R (8)

(option: angel your body to right diagonal on 6 and to the left diagonal on 8)

L: Side together, side touch, side kick, side touch.

1 - 4 Step L to left side (1), R beside left (2), L to left side (3), touch R beside L (4)

5 - 8 Step R to right side (5), L kick (6), L to left side (7), touch R beside L (8)

(option: angel your body to left diagonal on 6 and to the right diagonal on 8)

Forward x 3, Tap L x 2. Back touch x 2

1 - 3 Step forward R-L-R

& 4 Tap L beside R twice (& 4)

5 - 6 Step back L (5), touch R beside L and clap (6)

7 - 8 Step back R (7), touch L beside R and clap (8)

Forward x 3, Tap R x 2. ¼ turn L touch x 2

1 - 3 Step forward L-R-L

& 4 Tap R beside L twice (& 4)

5 - 6 Step back R and make a ¼ turn L (5), touch L beside R and clap (6)

7 - 8 Step forward L and make a ¼ turn L (7), touch R beside L and clap (8)

Tag: A small tag is needed at the end of 6th wall

1 - 4 On the spot, clap your hands x 4