

# Dance For Hope

**COPPER** **KNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - February 2011  
音樂: I Hope You Dance - Ronan Keating



In Memory of a great lady who we knew for many years who died suddenly: Janet Ellis

Start after 8 count intro on verse vocals.

**[1-8] R NC basic, sway hips L&R, L NC basic, sway hips R&L**

1-2&      Step R side, rock L back, recover weight on R  
3-4      Sway L, sway R  
5-6&      Step L side, rock R back, recover weight on L  
7-8      Sway R, sway L (end looking toward left diagonal) (11 o'clock)

**[9-16]& R rock fwd & recover, full R chase turn, run forward L&R, L forward rock & recover, step back L, step R back cross step L over R**

1-2      Rock R fwd toward diagonal, recover weight on L  
&3-4      Turning ½ right step R forward, step L forward, pivot ½ right (11 o'clock)  
&5      Run fwd L, R  
6&7      Rock L fwd, recover weight on R, step L back  
8&      Step R back, cross step L over R (squaring off to your 12 o'clock wall) (12 o'clock)

**RESTART: During wall 3 restart here facing back wall**

**[17-24&] R side, L drag tog, L ball cross, L side, R tog turning ¼ R, L fwd, L full turn fwd, R fwd rock & recover, R back**

1      Step R side  
2&3      Drag L together, step L back, cross R over L  
4&5      Step L side, turning ¼ right step R together, step L forward (3 o'clock)  
6&      Turning ½ left step R back, turning ½ left step L forward (3 o'clock)

**Non-turning option: Walk forward R & L**

7-8&      Rock R forward, recover weight on L, step R back (turning body to right diagonal) (5 o'clock)

**[25-32&] L modified jazz box turning to L diagonal, R modified jazz box cross squared to wall, sway R&L, R back rock & recover**

1-2&      Cross L over R, step R back, turning body toward left diagonal step L to L side (1 o'clock)  
3-4&5      Cross R over L, step L back squaring to wall, step R side, cross step L over R (3 o'clock)  
6-7      Swap R, sway L  
8&      Rock R back, recover weight on L

**Ending: Dance to count 25 & hold! (12 o'clock)**