

Roll The Dice

拍數: 64 牆數: 4 級數: Improver
編舞者: M. Vasquez (UK) - January 2012
音樂: Everytime I Roll the Dice - Delbert McClinton



Dance starts after the word 'leak' on the main vocal

Section 1: Vine, Hitch, Vine, Hitch

1-4 Step R to R side, step L behind R, step R to R side, hitch L knee
5-8 Step L to L side, step R behind L, step L to L side, hitch R knee

Section 2: Step, Hitch, Step Hitch ½ Turn, Step Hitch 1/2 Turn, Coaster Step

1-2 Step forward on R, hitch L knee
3-4 Step forward on L, hitch R knee turning ½ turn L (6:00)
5-6 Step forward on R, hitch L knee turning ½ turn L (12:00)
7&8 Step back on L foot, step R next to L, Step forward on L

Section 3: Side Rock, Cross Shuffle, Side Rock, Cross Shuffle

1-2 Step to the R side and rock onto the R foot, recover onto L foot
3&4 Cross R foot across L, step L foot to L, cross R foot across L
5-6 Step to the L side and rock onto the L foot, recover onto the R foot
7&8 Cross L foot across R, step R foot to R, cross L foot across R

Section 4: Step to Side, ¼ turn Hitch, Walk, Walk, Diagonal Hip Bumps

1-2 Step R foot to R side, turn ¼ turn L hitching L knee
3-4 Walk forward L, walk forward R
5&6 Step L foot forward diagonal to L as you bump L hip up, bump L hip down
7&8 Bump L hip up again, bump L hip down (weight on L)

Section 5: Diagonal Hip Bumps, Step to Side, Step to Side, Slap, Slap

1&2 Step forward diagonal on R as you bump R hip up, bump R hip down
3&4 Bump R hip up again, bump R hip down (weight on R)
5-6 Step L to L side, step right to right side (feet should be shoulder width apart)
7-8 Slap L hand on L hip, slap R hand on R hip

Section 6: Heel Switch's, Two Claps, Heel Switch's, Two Claps

1&2& (1)Touch R heel to R side, (&)step R foot in place, (2)touch L heel to L side, (&)step L foot in place
3&4 (3)Touch R heel to R side, (&4)clap hands twice placing R foot next to L
5&6& (5)Touch L heel to L side, (&)step L foot in place, (6)touch R heel to R side, (&)step R foot in place
7&8 (7)Touch L heel to L side, (&8)clap hands twice

Section 7: Cross, Side, Behind, Side, Heel Dig, Cross, Side, Behind, Side, Heel Dig

1-2 Cross L in front of R, step R to R side
3&4& (3)Step L behind R, (&)step R to R side, (4)dig L heel to the L diagonal, (&)place L next to R
5-6 Cross R in front of L, step L to L side
7&8& (7)Step behind L, (&)step L to L side, (8)dig R heel to the R diagonal, (&)place R next to L

Section 8: Step, ½ Pivot, Step, ½ Pivot, Rock, Recover, Coaster Step

1-2 Step forward on L foot, pivot ½ turn R
3-4 Step forward on L foot, pivot ½ turn R
5-6 Rock forward onto L foot, recover onto R

7&8 Step back L, step R next to L, step forward L

Start Again

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