

Crepes & Drapes & Drainpipes

拍數: 64 牆數: 2 級數: Improver
編舞者: Gaye Teather (UK) - January 2012
音樂: The Time When I Was Young - Dave Sheriff



Intro: 32 counts from very first beat. Start on the word "Fifties")
Track available from iTunes and Amazon

Stomp side Left. Right heel & toe swivels. Right coaster step. Hold

1 - 4 Stomp Left to Left side. Swivel Right heel Left. Swivel Right toes Left. Swivel Right heel Left.
 Hold

(Weight remains on Left during Right toe/heel swivels)

5 - 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

Forward Left lock step. Hold. Forward Right lock step. Hold

1 - 4 Step forward on Left. Lock Right behind Left. Step forward on Left. Hold

5 - 8 Step forward on Right. Lock Left behind Right. Step forward on Right. Hold

Step. Pivot half turn Right. Step. Hold. Half turn Left. Hold. Half turn Left. Hold

1 - 4 Step forward on Left. Pivot half turn Right. Step forward on Left. Hold

5 - 8 Half turn Left stepping back on Right. Hold/clap. Half turn Left stepping forward on Left.
 Hold/clap

Non-turning option for steps 5 - 8. Walk forward Right. Hold/clap. Walk forward Left. Hold/clap

Rocking chair. Side Right rock. Touch. Hold

1 - 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

5 - 8 Rock Right to Right side. Recover onto Left. Touch Right beside Left. Hold (weight on Left)

Rumba box

1 - 4 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold

5 - 8 Step Left to Left side. Step Right beside Left. Step back on Left. Hold

Toe struts back x 2. Coaster step. Hold

1 - 2 Step Right toe back. Drop Right heel to floor clicking fingers at shoulder height

3 - 4 Step left toe back. Drop Left heel to floor clicking fingers at shoulder height

5 - 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

Step. Pivot half turn Right. Step. Hold. Step. Pivot half turn Left. Step. Hold

1 - 4 Step forward on Left. Pivot half turn Right. Step forward on Left. Hold/clap

5 - 8 Step forward on Right. Pivot half turn Left. Step forward on Right. Hold/clap

Non-turning option for steps 1 - 8: Left forward mambo. Hold. Right back mambo. hold

Left side rock. Cross. Hold. Right side rock. Cross. Hold

1 - 4 Rock Left to Left side. Recover onto Right. Cross Left over Right. Hold

5 - 8 Rock Right to Right side. Recover onto Left. Cross Right over Left. Hold

Start again